

School of Persian Medicine

Course proposal

Duration: 10 weeks, 50 days

- **Theoretical sessions:** 130 hours
- **Practical/ internship sessions:** 100 hours
- **Out of School visits:** 20 hours
- **Total course duration:** 250 hours

Target audience: Students/graduates of medicine, pharmacy, nursing, healthcare practitioners

***Certificate would be provided those finished the course**

1 st week		
Day	Topic	Duration
Saturday	The history of Persian Medicine (PM)	5 h
Sunday	CAM around the world	5 h
Monday	Hand manipulations- clinic	5 h
Tuesday	Hand manipulations- clinic	5 h
Wednesday	Research outcomes of PM	5 h

2 nd week		
Day	Topic	Duration
Saturday	Hand manipulations- clinic	5 h
Sunday	PM text books (+library visit)	5 h
Monday	Hand manipulations- clinic	5 h
Tuesday	Health maintenance	5 h
Wednesday	Nutrition in view of Persian Medicine	5 h

3 rd week		
Day	Topic	Duration
Saturday	Hand manipulations- clinic	5 h
Sunday	From PM to drug formulation	5 h
Monday	Hand manipulations- clinic	5 h
Tuesday	Laboratory visit	5 h
Wednesday	Pharmacy visit	5 h

4 th week		
Day	Topic	Duration
Saturday	Hand manipulations- clinic	5 h
Sunday	Neuropsychological disorders in PM	5 h
Monday	Hand manipulations- clinic	5 h
Tuesday	Medicinal plants in neuropsychological disorders	5 h
Wednesday	Respiratory disorders in PM	5 h

5 th week		
Day	Topic	Duration
Saturday	Hand manipulations- clinic	5 h
Sunday	Medicinal plants in respiratory disorders	5 h
Monday	Hand manipulations- clinic	5 h
Tuesday	Cardiovascular disorders in PM	5 h
Wednesday	Medicinal plants in cardiovascular disorders	5 h

6 th week		
Day	Topic	Duration
Saturday	Hand manipulations- clinic	5 h
Sunday	Metabolic disorders in PM	5 h
Monday	Hand manipulations- clinic	5 h
Tuesday	Medicinal plants in metabolic disorders	5 h
Wednesday	Gynecological disorders in PM	5 h

7 th week		
Day	Topic	Duration
Saturday	Hand manipulations- clinic	5 h
Sunday	Medicinal plants in gynecological disorders	5 h
Monday	Hand manipulations- clinic	5 h
Tuesday	Gastrointestinal disorders in PM	5 h
Wednesday	Medicinal plants in gastrointestinal disorders	5 h

8 th week		
Day	Topic	Duration
Saturday	Hand manipulations- clinic	5 h
Sunday	Joint disorders in PM	5 h
Monday	Hand manipulations- clinic	5 h
Tuesday	Medicinal plants in joint disorders	5 h
Wednesday	Skin and hair care in PM	5 h

9 th week		
Day	Topic	Duration
Saturday	Hand manipulations- clinic	5 h
Sunday	Medicinal plants in skin and hair care	5 h
Monday	Hand manipulations- clinic	5 h
Tuesday	Integrative oncology	5 h
Wednesday	Firoozeh Garden visit	5 h

10 th week		
Day	Topic	Duration
Saturday	Hand manipulations- clinic	5 h
Sunday	History of Medicine museum visit	5 h
Monday	Hand manipulations- clinic	5 h
Tuesday	School of Pharmacy Herbarium visit	5 h
Wednesday	National botanical garden visit	5 h