



**2023**  
TUMS

---

Soft Tissue Fillers /Botulinum Toxin - Essentials (Basic) Course

5-DAY INTENSIVE COURSES WITH UNIVERSITY DIPLOMA

**DATES**

**February: 8-13**

**Location : Iraq- Sulaymaniyah**



February 8<sup>th</sup>

---

# Wednesday

---

Soft Tissue Fillers /Botulinum Toxin

## Botulinum Toxin

**8:45 am** : REGISTRATION AND WELCOMING OF PARTICIPANTS

**9:00 am** : **SCIENCE BEHIND BOTULINUM TOXIN**

History of Botulinum Toxin

Indications and Contraindications

Mechanism of Action

Different types/Brands and Comparison between them

Storage and Reconstitution

**1:00 pm** : LUNCH

**2:00 pm** : **FACIAL ANATOMY & DYNAMICS**

Anatomy of Facial Muscles

Physiology of Facial Muscles and Facial Expression/The Dynamics

Choosing the right people for the treatment

**6:30 pm** : END OF SESSION

EVENING FREE, A list local activities can be provided upon request.

---

February 9<sup>th</sup>

---

# Thursday

---

Soft Tissue Fillers /Botulinum Toxin

7:45 **am** : EVALUATION OF THE PREVIOUS DAY

8:00 **am** : UNIVERSITY CERTIFICATE PROFICIENCY TEST

Clinical Assessment and Injection Techniques for the Upper Third of the Face

9:00 **am** : SAFETY COMES FIRST

Keynote lecture

Familiarity with the Tools and Facilities required

Pre and Post treatment care

Complications of Botulinum Toxin and their Managements

Q&A session

1:30 **pm** : LUNCH

2:30 **pm** : OBSERTION SESSION

Live Demonstration of Botulinum Toxin injection for the Upper Third of the Face

## Fillers

4:30 **pm** : FACIAL ANATOMY AND ANATOMICAL LANDMARKS

Introduction

Facial Anatomy and Anatomical considerations

6:30 **pm** : END OF SESSION

EVENING FREE , A list local activities can be provided upen request.

---

February 10<sup>th</sup>

---

# Friday

---

Soft Tissue Fillers /Botulinum Toxin

**7:45 am : EVALUATION OF THE PREVIOUS DAY**

**8:00 am : AGING PROCESS & COMPENSATIONS**

The Aging Process

Full Assessment of the Face

The Causes of Volume Loss and Wrinkles

Art of Facial sculpting

Different types of Soft Tissue Fillers / Bio-Stimulators

Most Highly demanded brands of Dermal fillers

Hyaluronic acid Soft Tissue fillers

**1:00 pm : LUNCH**

**2:00 pm : SCIENCE BEHIND THE ART**

Rheological Properties of different types / Product of choice for different areas of the Face

Most Advanced and Safest Techniques of Injection / Needle VS Cannula

Anesthesia and Nerve block

Lip Augmentation/Beautification/Harmonization

**6:30 pm : END OF SESSION**

EVENING FREE, A list local activities can be provided upon request.

---

February 11<sup>th</sup>

---

# Saturday

---

Soft Tissue Fillers /Botulinum Toxin

**7:45 am : EVALUATION OF THE PREVIOUS DAY**

**8:00 am : MIDFACE REBALANCING**

Cheek Volume Restoration/Defining/Rebalancing/Tissue Repositioning

Piriform ( Canine ) fossa- Support/Foundation

Nasolabial fold Correction and Rebalance

Pre and Post Treatment Recommendations

**1:00 pm : LUNCH**

**2:00 pm : SAFETY COMES FIRST**

Safety Precautions

Adverse Events and Complication Management including Vascular Compromise

Medical Aesthetic Emergency kit

Review of the Latest Publications

Q&A session

Live Demonstration of Soft Tissue Filler Injection for Lips, Cheeks and Nasolabial fold

**6:30 pm : END OF SESSION**

EVENING FREE, A list local activities can be provided upon request.

**Sunday and Monday ( February 12<sup>th</sup> February 13<sup>th</sup> )**

**Hands-on For PARTICIPANTS**

END OF THE COURSE

PRESENTATION OF CERTIFICATES OF ATTENDANCE

AND CERTIFICATE TO SUCCESSFUL CANDIDATES.

---