



2023
TUMS

Soft Tissue Fillers /Botulinum Toxin - Essentials (Basic) Course

5-DAY INTENSIVE COURSES WITH UNIVERSITY DIPLOMA

DATES

March : 14-19

Location : Oman-Muscat



March 14th

Tuesday

Soft Tissue Fillers /Botulinum Toxin

Botulinum Toxin

8:45 am : REGISTRATION AND WELCOMING OF PARTICIPANTS

9:00 am : SCIENCE BEHIND BOTULINUM TOXIN

History of Botulinum Toxin

Indications and Contraindications

Mechanism of Action

Different types/Brands and Comparison between them

Storage and Reconstitution

1:00 pm : LUNCH

2:00 pm : FACIAL ANATOMY & DYNAMICS

Anatomy of Facial Muscles

Physiology of Facial Muscles and Facial Expression/The Dynamics

Choosing the right people for the treatment

6:30 pm : END OF SESSION

EVENING FREE, A list local activities can be provided upon request.

March 15th

Wednesday

Soft Tissue Fillers /Botulinum Toxin

7:45 am : EVALUATION OF THE PREVIOUS DAY

8:00 am : AGING PROCESS & COMPENSATIONS

The Aging Process

Full Assessment of the Face

The Causes of Volume Loss and Wrinkles

Art of Facial sculpting

Different types of Soft Tissue Fillers / Bio-Stimulators

Most Highly demanded brands of Dermal fillers

Hyaluronic acid Soft Tissue fillers

1:00 pm : LUNCH

2:00 pm : SCIENCE BEHIND THE ART

Rheological Properties of different types / Product of choice for different areas of the Face

Most Advanced and Safest Techniques of Injection / Needle VS Cannula

Anesthesia and Nerve block

Lip Augmentation/Beautification/Harmonization

6:30 pm : END OF SESSION

EVENING FREE, A list local activities can be provided upon request.

March 16th

Thursday

Soft Tissue Fillers /Botulinum Toxin

7:45 **am** : EVALUATION OF THE PREVIOUS DAY

8:00 **am** : UNIVERSITY CERTIFICATE PROFICIENCY TEST

Clinical Assessment and Injection Techniques for the Upper Third of the Face

9:00 **am** : SAFETY COMES FIRST

Keynote lecture

Familiarity with the Tools and Facilities required

Pre and Post treatment care

Complications of Botulinum Toxin and their Managements

Q&A session

1:30 **pm** : LUNCH

2:30 **pm** : OBSERTION SESSION

Live Demonstration of Botulinum Toxin injection for the Upper Third of the Face

Fillers

4:30 **pm** : FACIAL ANATOMY AND ANATOMICAL LANDMARKS

Introduction

Facial Anatomy and Anatomical considerations

6:30 **pm** : END OF SESSION

EVENING FREE , A list local activities can be provided upen request.

March 17th

Friday

Soft Tissue Fillers /Botulinum Toxin

7:45 am : EVALUATION OF THE PREVIOUS DAY

8:00 am : MIDFACE REBALANCING

Cheek Volume Restoration/Defining/Rebalancing/Tissue Repositioning

Piriform (Canine) fossa- Support/Foundation

Nasolabial fold Correction and Rebalance

Pre and Post Treatment Recommendations

1:00 pm : LUNCH

2:00 pm : SAFETY COMES FIRST

Safety Precautions

Adverse Events and Complication Management including Vascular Compromise

Medical Aesthetic Emergency kit

Review of the Latest Publications

Q&A session

Live Demonstration of Soft Tissue Filler Injection for Lips, Cheeks and Nasolabial fold

6:30 pm : END OF SESSION

EVENING FREE, A list local activities can be provided upon request.

Saturday and Sunday (March 18th March19th)

Hands-on For PARTICIPANTS

END OF THE COURSE

PRESENTATION OF CERTIFICATES OF ATTENDANCE

AND CERTIFICATE TO SUCCESSFUL CANDIDATES.
