

Curriculum Vitae

Name: Arman Zargaran
Gender: male
Date of birth: 18 Sep. 1985
Place of Birth: Tehran-Iran
Nationality: Iran
Language: Persian, English



Associate Professor of Traditional Pharmacy, School of Persian Medicine, Tehran University of Medical Sciences, Tehran, Iran

Head, Department of History of Medicine, School of Persian Medicine, Tehran University of Medical Sciences, Tehran, Iran

Director of International Affairs Development, Tehran University of Medical Sciences, Tehran, Iran

Head, International Research and Technology Unit, Vice-Minister Office for Research and Technology, Ministry of Health and Medical Education, Iran

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Qualifications and Education fields

PharmD; and PhD of Traditional Pharmacy (Phytopharmaceuticals)

Collaboration with WHO

- Contribution to writing ICD11 TM module 2 (since 2020 until now);
- IFP of Iran at WHO-IRCH network (since 2020 until now);
- Contribution as temporary advisor of WHO for reviewing the draft of WHO strategy of Traditional medicine (2025-2034);

- WHO expert group member for developing the International Herbal Pharmacopoeia (IHP)
- Member of WHO topic Group: AI and Traditional Medicine
- Head of WHO project (Agreement for Performance of Work (APW) No. 2019/917184-0) entitled “Reviewing six Health System building blocks of Traditional Complementary Medicine in Iran”;
- Contribution to many WHO meetings, conferences and events on Traditional Medicine as Speaker, Temporary advisor and Delegates

Awards and Honors

1. Award winner of Persian Medicine Festival (International Activities); awarded by the minister of health; April 2025
2. Top 2% most cited scientists of the world (Elsevier report; [October 2023 data-update for "Updated science-wide author databases of standardized citation indicators" - Elsevier BV \(digitalcommonsdata.com\)](#))
3. Receive of Hekmat Medallion, awarded as top researcher in the field of History of Medicine, Persian Medicine Festival, Tehran, Iran, 2021.
4. Top 100 faculty members in Iran (*Saramadan-e-Elmi*), 2020
5. Top faculty member for international awards and achievements, University of Tehran & Tehran University of Medical Sciences International Festival, Tehran, Iran, 2019.
6. Receive of Diploma and Medallion of International Academy of History of Pharmacy, 2016
7. Top Professor of school of Persian Medicine for 2016, Tehran University of Medical Sciences, Tehran, Iran, 2017
8. Award winner of Razi Medical Festival (Young Researcher); awarded by president of I.R. Iran, January 2014
9. Top PhD candidate, Shiraz University of medical Sciences, Shiraz, Iran, 2014.
10. Top Postgraduate Researcher, Shiraz University of medical Sciences, Shiraz, Iran, 2014.
11. National Top Student (PhD Majors), awarded by president of I.R. Iran, 2013.
12. Top Postgraduate Researcher, Shiraz University of medical Sciences, Shiraz, Iran, 2013.
13. Award winner of Tabari Medical Festival (Basic Science group); Sari, Iran, December 2013.
14. Bursary awarded for participation and oral presentation in 21th World Congress of Neurology, Vienna. Granted by World Federation of Neurology, 2013.
15. Top Student of Iran (PhD degree), awarded by president of I.R. Iran, 2012
16. Poster presentation award, 16th Iranian Pharmacy Students Seminar, Tehran, 2011

17. Top Postgraduate Researcher, Shiraz University of medical sciences, Shiraz, Iran, 2011.
18. Poster presentation award, 6th Shiraz Faculty of Pharmacy Research Seminar, Shiraz, 2006
19. Top Student for Cultural Activities, Shiraz University of medical sciences, Shiraz, Iran, 2005.

Positions

1. Head, International Research and Technology Unit, Vice-Minister Office for Research and Technology, Ministry of Health and Medical Education, Iran (2025-present)
2. Vice-Dean for Education, School of Persian Medicine, Tehran University of Medical Sciences, Tehran, Iran (2025-present)
3. Head of Department of History of Medicine, Tehran University of Medical Sciences (2023-present)
4. Director of International Affairs Development, Tehran University of Medical Sciences, Tehran, Iran (2021-present)
5. IFP of Iran at WHO IRCH Network (2020-present)
6. Vice for International Affairs, Office of Persian and Complementary Medicine, Ministry of Health and Medical Education, Iran (2018-present)
7. Advisor, American Herbal Pharmacopeia (2020 -present)
8. Executive Vice, Persian Medicine Office, Ministry of Health and Medical Education, Iran (2020-2020)
9. President, Iranian Society for the History of Pharmacy (2017-present)
10. Vice-Dean for International Affairs, School of Persian Medicine, Tehran University of Medical Sciences (2017-2020)
11. Head of Research Office for the History of Persian Medicine (2010 - 2018)
12. Head of Traditional Pharmacy Committee, Iranian Traditional Medicine Association (2016-present)
13. The Member of Research Committee, Persian Medicine Office, Ministry of Health, I.R.Iran (2014-present)
14. Deputy for Research, Department of History of Medicine, TUMS (2016-present)
15. Member of Iranian Academy of Medical Sciences (2014-present)
16. CEO, Hekmat PSN Co., Ltd. (2016-2022)
17. Member of traditional medicine, pharmacy and natural product incubator, TUMS (2016-present)
18. Deputy president of Student Research Committee, Shiraz University of Medical Sciences (2012-2013)
19. Member of President Young Advisers of Shiraz University of Medical Sciences (2009-2011)
20. Head of Central Council of Cultural associations of Shiraz University of Medical Sciences (2010-2011)
21. Board of Trustees of the Shiraz University of Medical Sciences Museum (2009-present)

Memberships in International Societies

1. Member of the International Academy for the History of Pharmacy
2. IFP of Iran at WHO International Regulatory Cooperation for Herbal Medicine Network
3. Member of *International Society for the History of the Neurosciences* (<http://www.bri.ucla.edu/nha/ishn/ishndir-z.htm#ZARGARAN>)
4. Associate Member of International Headache Society (IHS)
5. Ambassador of Asian Council of Science Editors
6. World Unani Foundation
7. International Unani Forum

Journals' Editorial

1. Associate Editor, *Frontiers in Pharmacology* (<https://www.frontiersin.org/journals/pharmacology>)
2. Editor in Chief, *Research on History of Medicine* (www.rhm.sums.ac.ir)
3. Deputy Editor in Chief, *Journal of Traditional Medicine in Iran and Islam* (<https://jiitm.ir/>)
4. Section Editor, *Traditional and Integrative Medicine* (jtim.tums.ac.ir)
5. Associate Editor of *Shiraz E-Medical Journal*
6. Editorial member, *Journal of Traditional Medicine* (<http://www.iprobegrp.com/cmng-jtm/members.php>) (2014-present)
7. Editorial advisory board, *Acta Medico Historica Adriatica* (2013-present; http://hrcak.srce.hr/upute/impressum_en_Acta_Medico-Historica_Adriatica.pdf)
8. Editorial advisory board, *Journal of Cardiovascular Medicine and Cardiology* (<http://www.peertechz.com/cardiology-peertechz-journal/editorialboard.php>)
9. Editor in Chief of *Sadra Medical Sciences Journal* (www.sadramj.com) (2013-2016)

Reviewer of Journals

1. Pharmacological Research
2. Journal of Medical Ethics and History of Medicine
3. Journal of Ethnopharmacology
4. Archives of Iranian Medicine
5. Pharmaceutical Biology
6. Journal of Evidence-Based Complementary & Alternative Medicine
7. Chinese Journal of Integrative Medicine
8. Daru
9. European Journal of Integrative Medicine
10. African Journal of Microbiology Research
11. Journal of Essential Oil Bearing Plants
12. Iranian Red Crescent Medical Journal

13. Galen Medical Journal
14. Acta Medico Historica Adriatica
15. African Journal of Biotechnology
16. European Journal of Medicinal Plants
17. Mini-Reviews in Medicinal Chemistry
18. Pharmacognosy Review
19. Pediatrics
20. Shiraz E-Medical Journal
21. Phytomedicine
22. Journal of Herbal Medicine
23. Journal of the German Society of Dermatology
24. Journal of Medical Biography
25. Therapeutic Advances in Endocrinology and Metabolism
26. Explore

Research Interests

1. Traditional Pharmacy (phyto-pharmaceuticals)
2. Natural Product
3. Pharmacognosy
4. History of Medicine
5. Traditional Medicine (Persian Medicine)

Teaching Courses

1. Medicinal plants
2. Modern methods of preparation in phytopharmaceuticals
3. Analyzing methods for natural products
4. Quality control for natural and traditional products
5. Reading prescriptions
6. History of pharmacy
7. Islam and Iran culture and civilization
8. Pharmacognosy (Lab.)
9. Simple and Compound Natural Drugs (*Mofradat va Qarabadin*)
10. Ethnopharmacology
11. Scientific Writing
12. Persian Medicine texts and manuscripts

Presentations (only presentations in English)

- 1- **Arman Zargaran**. Ancient Persian archaeological findings in pharmacy and cosmetic sciences. Researching the Past, Advancing the Future of Medicine II Conference. **Oral**, April 9-11, 2025, **Prague, Czeck Republic**

- 2- **Arman Zargaran**. Innovation of Persian Medicine for Health Solutions: Example of COVID 19. Unani Day 2025 & International Conference on Innovations in Unani Medicine for Integrative Health Solutions – A Way Forward. **Invited Speaker**, February 11-12, 2025, **New Delhi, India**
- 3- **Arman Zargaran**, Kamran Mahlooji. Jondishapour, the First University and Teaching Hospital in the World. 3rd International Health Services Congress, **Invited Speaker**, December 19-21, 2024, **Isparta, Turkey**
- 4- **Arman Zargaran**. Traditional Medicine Wisdom in Personalized Wellness. Siriraj Traditional Medicine Conference 2024. **Invited Speaker**, August 5-6, 2024, **Bangkok, Thailand**
- 5- **Arman Zargaran**. Educational Innovations of Applied Persian Medicine in Iran. International Scientific Acupuncture and Medicine Symposium (ISAMS). **Invited Speaker**, October 6-8, 2023, **Jeju, South Korea**
- 6- **Arman Zargaran**. Biruni, the Pioneer of Pharmacy in Medieval Era. International Conference on “The Role of the Scientific Heritage of Abu Raykhan Beruni in the Development of World Science”. **Invited Speaker**, September 24-26, 2023, **Beruni, Khiva and Tashkent/ Uzbekistan**
- 7- **Arman Zargaran**. Applied AI technology and innovation for traditional medicine. Siriraj Applied Thai Traditional Medicine Conference (SiATM) 2023. **Invited Speaker**, September 21-22, 2023, **Bangkok, Thailand**
- 8- **Arman Zargaran**. The Impact of Mathematics and Astronomy in Pharmacy during Islamic Civilization. The Third Prof. Fuat Sezgin Symposium for the History of Science in Islam, **Invited Speaker**, May 25-26, 2023, **Istanbul, Turkey**
- 9- **Arman Zargaran**. Mohammad M. Zarshenas. The use of Persian herbal medicine for aging care. Siriraj Traditional Medicine Conference 2022: Frontiers in research on traditional medicine in aging society. **Invited Speaker**, November 7-11, 2022, **Bangkok, Thailand**
- 10- **Arman Zargaran**. The Early Historical Report of Alcohol Hepatotoxicity in *Minooye Kherad*, a Pahlavi Manuscript in Ancient Persia, 6th Century CE. **Oral**, September 7-10, 2022, **Milan, Italy**
- 11- **Arman Zargaran**. Rhazes role in pharmacy and chemistry. International Congress of Health Services, **Invited Speaker**, June 10-12, 2022, **Isparta, Turkey**
- 12- **Arman Zargaran**. Hakim Mohammad, the Persian military surgeon in the courts of the Safavid and Ottoman Empires. The History of Medicine Meeting (Post Congress Event of 6th USERN Congress). **Invited Speaker**, November 12-15, 2021, **Istanbul/Tehran/Shiraz, Turkey/Iran**
- 13- **Arman Zargaran**. Farzaneh Ghaffar, Mohsen Naseri. Evidence Based Medicine and Trials as Medical Methodology in Perspective of Rhazes (865-925 CE). The Second Prof. Fuat Sezgin Symposium for the History of Science in Islam, **Invited Speaker**, October 7-9, 2021, **Istanbul, Turkey**
- 14- **Arman Zargaran**. Finding New Medicines According to the Avicenna’s Knowledge: An Example of Traditional Chamomile Oil on Carpal Tunnel Syndrome (CTS). Unani Medicine – Towards Achieving the Sustainable Development Goal (SDG -3) of Good Health and Well Being. **Invited Speaker**, February 11-12, 2020, **New Delhi, India**

- 15- **Arman Zargaran**. Causes giving rise to medical sciences during Islamic Golden Age (9-13th Century CE). The First Prof. Fuat Sezgin Symposium for the History of Science in Islam, **Invited Speaker**, June 13-15, 2019, **Istanbul, Turkey**
- 16- **Arman Zargaran**. Historical Contributions of Muslim Scholars to Pharmacy. Erciyes University School of Pharmacy, **Invited Speaker**, October 24, 2018, **Kayseri, Turkey**
- 17- **Arman Zargaran**, Mohammad Mahdi Zarshenas, Aliasghar Karimi, Hasan Yarmohammadi, Afshin Borhani-Haghighi. Management of stroke as described by Ibn Sina (Avicenna) in the Canon of Medicine. International Conference on Traditional Medicine, Phytochemistry and Medicinal Plants. **Oral**, October 15-17, 2018, **Tokyo, Japan**
- 18- Mehdi Vahidi Far, Mohammad Reza Bordbar, Mohammad Mahdi Zarshenas, **Arman Zargaran**. Efficacy of wild leek extract administration in increasing peripheral blood neutrophil count in pediatric cancer patients admitted due to febrile neutropenia. 2nd National Congress of Integrative Oncology, **Invited Speaker**, 18-20 Oct. 2017, Tehran, Iran
- 19- **Arman Zargaran**, Mohammad M. Zarshenas. The History of Pharmacopeias in Iran (Persia): From Antiquity to Current Era. 43rd International Congress for the History of Pharmacy, **Oral**, 12-15 Sep. 2017, **Warsaw, Poland**
- 20- **Arman Zargaran**. Medicinal plants essential oils as antimicrobial agents. 18th International and Iranian Congress of Microbiology, **Invited Speaker**, 20-31 Aug. 2017, Tehran, Iran
- 21- **Arman Zargaran**. Modernization of Persian Medicine Remedies: An Example of Traditional Chamomile Oil (*Matricaria chamomila* L.) on Migraine. 2nd workshop of Overcoming Factors Limiting Modernization of Traditional Botanical Medicines, **Invited Speaker**, 23 Nov. 2016, **Seoul, South Korea**
- 22- **Arman Zargaran**, Afshin Borhani Haghighi, Pouya Faridi, Saeid Daneshamouz, Abdolali Mohagheghzadeh. From the history to current medicine: Reformulation of historical traditional chamomile oil as pain relief in patients with migraine without aura. 42nd International Congress for the History of Pharmacy, **Oral**, 8-11 Sep. 2015, **Istanbul, Turkey**.
- 23- Mohammad M. Mojahedian, **Arman Zargaran**, Saeid Daneshamouz, Soliman Mohammadi Samani. A novel method to produce solid lipid nanoparticles using n-butanol as an additional co-surfactant according to the o/w microemulsion quenching technique. 3rd ScienceOne Conference on Drug Discovery and Development, **Oral**, 21-23 Jan. 2014, **Dubai, UAE**
- 24- Mohammad M. Mojahedian, **Arman Zargaran**, Saeid Daneshamouz, Soliman Mohammadi Samani. Preparation of Solid Lipid Nanoparticles (SLN)/ Nanostructured Lipid Carriers (NLC) containing Cyproterone Acetate Using Warm Micro-emulsion Quenching Process: Characterization and Scale Up. 3rd ScienceOne Conference on Drug Discovery and Development, **Oral**, 21-23 Jan. 2014, **Dubai, UAE**
- 25- **Zargaran A**, Karimi A, Ahmadi S.A, Borhani-Haghighi A. Avicenna's description of Willis circle. 21th World Congress of Neurology, **Oral**, 21-26 Sep. 2013, **Vienna, Austria**

- 26- **Zargaran A**, Ahmadi SA, Zarshenas MM, Mohagheghzadeh A. Oxymel in Medieval Persia, 41st International Congress for the History of Pharmacy, **Oral**, 10-14 Sep. 2013, **Paris, France**
- 27- **Zargaran A**, Mohagheghzadeh A. Medicinal Oil Use in Ancient Persia. 41st International Congress for the History of Pharmacy, **Oral**, 10-14 Sep. 2013, **Paris, France**
- 28- **Ahmadi SA, Zargaran A**. Al-Madkhal Al-Talimi (an Introduction to Teaching Chemistry); the Rhazes' Treatise on Chemistry and Pharmacy, 41st International Congress for the History of Pharmacy, **Oral**, 10-14 Sep. 2013, **Paris, France**
- 29- **Arman Zargaran**, Mohammad M. Zarshenas. Pharmacological Effects of Simple Medicinal Herbs Used in Persian Traditional Medicine for Treating Tremor. International Conference on Natural Products 2013; Poster, 4-6 March 2013, **Shah Alam, Malaysia**
- 30- **Arman Zargaran**, Mohammad M. Zarshenas, Alireza Mehdizadeh, Abdolali Mohagheghzadeh. Management of tremor in medieval Persia. 17th Annual Meeting of international society for the history of the neurosciences (ISHN), **Oral**, Tuesday, 19 - 23 June 2012, **Venice, Italy**
- 31- **Zargaran A**. Pharmaceutical evaluation of a traditional formulation: *ergh-al-nessa* pill (*hab*). 4th International Conference on Drug Discovery and Therapy, **Oral**, 12-15 February 2012, **Dubai, UAE**
- 32- **Zargaran A**, Ahmadi SA, Mojahedian MM, Mohagheghzadeh A. Medicinal Plants and Drugs from Ancient Persia. National Congress of Medicinal Plants, Poster, 16-17 May 2012, **Kish**
- 33- **Zargaran A**, Kordafshari G, Mohagheghzadeh A. Ophthalmic dosage forms in traditional Persian medicine. 16th Iranian pharmacy students' seminar, Poster, 15-17 October 2011.
- 34- **Zargaran A**, Ahmadi SA, Mohagheghzadeh A. Pharmacy in ancient Persian manuscripts. 40th international congress for the history of pharmacy, **Oral**, 14-17 September 2011, **Berlin, Germany**
- 35- **Zargaran A**, Mohagheghzadeh A, Daneshamouz S. Jorghedan, a historical tool for pediatric feeding. 5th international congress of international society for history of Islamic medicine, **Oral**, 25-28 October 2010, **Istanbul, Turkey**
- 36- **Zargaran A**, Mohagheghzadeh A, Daneshamouz S. Pharmaceutical vessels from ancient Persia, 39th international congress for the history of pharmacy, **Oral**, 16-19 September 2009, **Vienna, Austria**
- 37- **Zargaran A**, Mohagheghzadeh A, Ghasemi Y, Abolhasanzadeh Z. Pharmaceutical sciences from ancient Persia, The 11th Iranian pharmaceutical sciences conference, Poster, 18-21 August 2008, **Kerman, Iran**
- 38- **Rajabli N, Zargaran A**, Mohagheghzadeh A. Health and hygiene sciences from ancient Persia, The 11th Iranian pharmaceutical sciences conference, Poster, 18-21 August 2008, **Kerman, Iran**
- 39- **Zargaran A**, Mohagheghzadeh A, Ghasemi Y, Daneshamouz S, Rajabli N. Cosmetic sciences in ancient Persia. 3rd international congress on traditional medicine and materia medica, poster, 17-20 July 2007, **Kuala Lumpur, Malaysia**
- 40- **Zargaran A**, Mohagheghzadeh A, Ghasemi Y, Morowat MH. Medical ethics in ancient Persia, The 1st international congress of medical law, Poster, 14-15 Nov 2007, **Tehran, Iran**

- 41- Ahmadi SA, **Zargaran A**, Sayyadi S, Mohagheghzadeh A. Study of patient's law on Islamic and Iranian Bimarestans. 3th International Congress on Medical Law, Kish (Iran). 22-24 Feb 2011 (Poster).
- 42- Yarmohammadi H, **Zargaran A**, Mashhadi M, Behnam M, Yousefimanesh H, Mohagheghzadeh A. Women's medical law from ancient Persia. 3th International Congress on Medical Law, Kish (Iran). 22-24 Feb 2011 (Poster).
- 43- **Zargaran A**, Yarmohammadi H, Ahmadi SA, Yousefimanesh H, Mohagheghzadeh A. Medical ethics from ancient Persia. 3th International Congress on Medical Law, Kish (Iran). 22-24 Feb 2011 (Poster).

PUBLICATIONS

A. CHAPTERS IN BOOKS AND BOOKS

1. **Zargaran A**, Naghizadeh A. A Short Introduction to Persian Medicine. Tehran: Tehran University of Medical Sciences; 2024. [in English]
2. **Zargaran A**. *Matricaria chamomilla* L. In: *Therapeutic Medicinal Plants in Traditional Persian Medicine*. CRC Press, 2023 Jun 6 (pp. 123-132). [in English]
3. **Zargaran A**. Persian Medicine 2022. Tehran: Ministry of Health, Treatment and Medical Education; 2023. [in English]
4. **Zargaran A**. Persian Medicine 2020. Tehran: Ministry of Health, Treatment and Medical Education; 2021. [in English]
5. **Zargaran A**. An Introduction to Medicine in Sassanid Era. Tehran: Chogan; 2019. [in Persian]
6. **Zargaran A**, Zarshenas MM. Geriatric Management in Persian Medicine. In: *Encyclopedia of Gerontology and Population Aging*. Cham: Springer International Publishing; 2022. pp. 2129-2133.
7. **Zargaran A**. Persian Medicine 2018. Tehran: Ministry of Health, Treatment and Medical Education; 2019. [in English]
8. **Zargaran A**, Ayati MH, Mojahedian MM. One Decade Education and Research in Persian Medicine. Tehran: Iranian Teb; 2018. [in Persian]
9. Mojahedian MM, **Zargaran A**, Ayati MH. One Decade Presenting Pharmaceutical Services in Persian Medicine. Tehran: Iranian Teb; 2018. [in Persian]
10. **Zargaran A**, Raeisdana A, Amin GR. A Guide to Research and Publication in Ethnopharmacology. Tehran: Iranian Teb; 2017. [in Persian]
11. **Zargaran A**, Zarshenas MM. The History of Pharmacopeias in Iran (Persia): From Antiquity to Current Era. In: *Working Group History of Pharmacopeia, International Society for the History of Pharmacy*, 2017. [in English]
12. **Zargaran A**. A Short Guide for Physicians: Alternative and Complementary Herbal and Traditional Drugs for Common Diseases, vol. 1. Tehran: Chogan, 2016. [in Persian]
13. **Zargaran A**. A Short Introduction to Scientific Writing of Medical History, Traditional Pharmacy and Medicine papers. Tehran: Chogan, 2016. [in Persian]
14. Raeisjalali GA, Mehdizadeh A, **Zargaran A** (Eds.). *History of Shiraz Medical School*. Shiraz: Research Office for the History of Persian Medicine, 2015. [in Persian]
15. Mohagheghzadeh A, **Zargaran A**, Daneshamouz S, Ardakani S, Ghasemi Y. The Knowledge of Cosmetics in Ancient Persia. In: *Article collections on the honor of*

B) PUBLISHED PEER-REVIEWED PAPERS

YEAR 2025

- 1- Arabian S, Sadr M, Ayati MH, İnce F, **Zargaran A**. The earliest report of smallpox oral vaccination by Bahā' al-Dawlah Rāzī in the 16th century. *Vaccine* 2025;52:126949.
- 2- Tajik N, Ghahremani Z, Ghezloo S, Irannejad S, **Zargaran A**. An early report of using protecting gloves by Ḥakim Mohammad, a Persian surgeon (16th century CE). *Acta Chir Belg* 2025 Apr 8 [Epub ahead of print].
- 3- Marashi SM, Soleymani S, Safari AA, Salehi Marzijarani M, Azimaraghi O, Javanmard M, Karimi M, **Zargaran A**. The Anxiolytic Effects of Melissa officinalis L. on Patients Awaiting Surgery: A Randomized Double-Blind Placebo-Controlled Clinical Trial. *Trad Integr Med* 2025;10(1):8-13.

YEAR 2024

- 4- Shahbazi M, Alavian SM, Karimi M, Moradi G, SeyedAlinagh S, **Zargaran A**, Rezaizadeh H. The Effectiveness of Rivandi Syrup on Non-Alcoholic Fatty Liver Disease (NAFLD): A Double Blind Randomized Clinical Trial. *Iran Red Crescent Med J* 2024;69:1-7.
- 5- Mahlooji K, Jalilian S, **Zargaran A**. Kavad's, The Sassanid King's Contribution to Making Khuzestan Region Iran's Medical Hub in the early 6th century CE. *Res Hist Med* 2024;13(3):225-8.
- 6- Orouji N, Karimi M, Sadat-Shirazi MS, **Zargaran A**. A Narrative Review of Effective Herbal and Traditional Medicines on Management of Autism. *Trad Integr Med* 2024;9(4):478-487.
- 7- Heydari M, Zadeh HK, Namazi S, Koochak HE, Rad NK, Khanavi M, **Zargaran A**. Evaluation of the Effect of “Honey Zufa” Herbal Syrup on Cough in Hospitalized Patients With COVID-19: A Double Blind Randomized Clinical Trial. *Acta Medica Iranica* 2024;62(3):144-54.
- 8- Adel-Mehraban MS, Karimi M, Alipour R, Mirali Z, Ghaem H, **Zargaran A**, Mirzaei K, Kazemi AH. Effectiveness of acupuncture and a cumin-based herbal formula on anthropometric indices of overweight patients: a randomized double-blind placebo-controlled clinical trial. *J Diabetes Metab Disord* 2024;23(2):2329-2341.
- 9- Mohammadi-Araghi M, Tabarraei M, **Zargaran A**, Nejabatbakhsh F. Bitter Taste in the Treatment of Heart Diseases from Avicenna's Point of View. *Trad Integr Med* 2024:190-4.

- 10- **Zargaran A**, Soleymani S, Mazhari M, Mirghazanfari SM. Wound Healing Agents as Described by Avicenna in the Canon of Medicine. *Trad Integr Med* 2024;105-13.
- 11- Dehparvar N, Ghaffari F, **Zargaran A**, Naseri M. The Roots of Uterine Tubes Discovery in Medieval Persia. *Res Hist Med* 2024;13(2):147-50.
- 12- **Zargaran A**. Ethnopharmacology, generations experience for the future of pharmacy and medicine. *J Drug Res Ayurvedic Sci* 2024;9(2):58-9.
- 13- **Zargaran A**. The Journal of Research on History of Medicine is indexed in SCOPUS. *Res Hist Med* 2024;13(1):1-2.
- 14- Rafiee S, Hossein-nezhad A, Maghbooli Z, **Zargaran A**, Emamgholipour S, Ghasemi A, Ahmadi M, Esmaeeli H, Karimi M. Effect of Padzahr Tablet on Biochemical Indices of Bone Remodeling in Postmenopausal Females with Osteopenia: A Randomized Double-Blind Placebo-Controlled Trial: Effect of Padzahr Tablet on Biochemical Indices of Bone Remodeling. *Galen Med J* 2024;13:e2950.

YEAR 2023

- 15- **Zargaran A**. WHO World Traditional Medicine Summit 2023 in Gujarat: A Turning Point for Traditional Medicine Worldwide. *Trad Integr Med* 2023;333-4.
- 16- Bordbar M, Vahidifar M, Zarshenas MM, Haghpanah S, Zareifar S, Shahriari M, Zekavat OR, Karimi M, Fathpour G, **Zargaran A**, Shakibazad N. The efficacy of *Allium ampeloprasum* L. in reducing neutrophil recovery time in childhood cancer with febrile neutropenia: a randomized, double-blind, placebo-controlled trial. *Am J Blood Res* 2023;13(5):143.
- 17- Afra F, **Zargaran A**, Shirzad N, Hemmatabadi M, Ebrahimpur M, Karimi M, Khanavi M, Mirshekari M, Namazi S. The hypoglycemic effects of *Juglans regia* L. internal septum in type 2 diabetic patients: A double-blind, randomized, placebo-controlled clinical trial. *J Cardiovasc Thorac Res* 2023;15(3):145.
- 18- Abbassian A, Massoud A, Naseri M, Kamalinejad M, Mohseni-Moghaddam P, Emadi F, **Zargaran A**. Anti –Inflammatory Effect of Methanolic and Aqueous Extracts of *Urtica pilulifera* L. Seed in Rats. *Trad Integr Med* 2023; 8(2): 144-148.
- 19- Hamdi H, Shirbeigi L, Rahimzadeh M, Firooz A, Amin G, Mousavizadeh K, **Zargaran A**. Evaluation of the Effect of *Artemisia Absinthium* L. Eye-Cream on Infra-Orbital Dark Circle: A Randomized, Double-Blind, Placebo-Controlled Clinical Trial. *Galen Med J* 2023; 12: e2413-e2413.
- 20- Ince F, Mahlooji K, Keskinbora KH, **Zargaran A**. Rhazes' (865-925 CE) contribution to surgery in *Liber Almansoris*. *Acta Chir Belg* 2023;123(2): 212–217.
- 21- **Zargaran A**. The New Approach of the World Health Organization to the Greater Use of Traditional Medicine in Universal Health Coverage. *J Islamic Iranian Trad Med* 2023;14(2):1-2.
- 22- **Zargaran A**. History of Medicine: Medicine or History? *Res Hist Med* 2023;12(2):77-78.

- 23- Mirshekari M, **Zargaran A**, Shirzad N, Hemmatabadi M, Khanavi M, Ebrahimpur M, Afra F, Namazi S. Effect of Juglans regia L. Ridge on Blood Lipids in Type 2 Diabetic Patients with Dyslipidemia: A Double-blind Placebo-Controlled Randomized Clinical Trial. *Pharmaceut Sci* 2023;29(2):182-9.
- 24- **Zargaran A**. Persian Medicine National Coding for Classification of Diseases will be Implemented in ICD-11 TM2. *Res Hist Med* 2023;12(1):1-2.
- 25- Noroozi S, Karimi M, Farahani AV, Omid N, **Zargaran A**, Soleymani S, Alaeddini F, Rezaeizadeh H. Efficacy of Chamomile-Lemon Balm Syrup in Patients with Conventional Drug-Resistant Cardiac Syndrome X: A Single-Arm Clinical Trial. *Crescent J Med Biolog Sci* 2023;10(2):73-80.

YEAR 2022

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