



Hamed Mohammadi

Associate Professor
Department of Clinical nutrition
School of Nutritional Sciences and Dietetics
Tehran University of Medical Sciences
Curriculum vitae

Edition date: 01.Jan. 2026

Personal Features

Name: Hamed

Family name: Mohammadi

Date of Birth: 23 of August, 1992

Marital status: Married

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Language Skills

Persian (mother tongue)

English (Speaking: Good, Reading: Good, Writing: Medium)

Educational Background

PhD in Nutrition (2016-2020), Department of Clinical Nutrition, School of Nutrition and Food sciences, Isfahan University of Medical Sciences, Isfahan, Iran

Topic of Thesis: The effect of wheat germ consumption on anthropometric indices, lipid profile, glycemic indices, oxidative stress markers, mood and BDNF level in patients with type 2 diabetes

Master of Science in Nutrition (2014-2016): Department of cellular and Molecular Nutrition, School of Nutritional sciences and Dietetics, Tehran University of Medical Sciences, Tehran, Iran

Topic of Thesis: The assessment of the effect of L-carnitine supplementation on serum total antioxidant and oxidant capacities, and lipid profile in patients with pemphigus vulgaris

B.Sc. in Nutrition and Dietetics (2010-2014), Faculty of paramedical, Ahvaz University of Medical Sciences, Ahvaz, Iran

Professional experiences

1. Associate Professor, Department of Clinical Nutrition, Tehran University of Medical Sciences (2026 till now)
2. Assistant Professor, Department of Clinical Nutrition, Tehran University of Medical Sciences (2021 till 2025)
3. Member of Clinical Nutrition department in Imam Khomeini hospital (2024 till now)
4. Member of Clinical Nutrition department in Shariati hospital (2021 till 2025)
5. Director of Students' Scientific Research Center in faculty of nutrition and food Sciences at Isfahan University of Medical Sciences, Isfahan, Iran (2017-2019)
6. Member of Central Council in Students' Scientific Research Center at Isfahan University of Medical Sciences, Isfahan, Iran (2017-2019)
7. Nutrition consultant & Dietitian at veteran's medical center, Isfahan, Iran (2016 till now)
8. Dietitian in obesity & diabetes clinic at Isfahan, Iran (2018-2020)
9. Member of Central Council in Students' Scientific Research Center at Tehran University of Medical Sciences, Tehran, Iran (2015-2016)

10. Research assistant in Department of Cellular and Molecular Nutrition, School of Nutritional sciences and Dietetics, Tehran University of Medical Sciences, Tehran, Iran

Reviewer of Scientific journals

1. Phytotherapy Research, Elsevier, (Impact factor: 3.7)
 2. Biomarkers, Taylor and Francis, (Impact factor: 1.73)
 3. International Journal of Preventive Medicine, ProQuest, (ESCI)
 4. BMJ Global Health, BMJ, (ESCI)
 5. British Journal of Nutrition, (Impact factor: 3.31)
 6. Brain and Behavior, (Impact factor: 2.07)
 7. Journal of research in Medical Sciences (1.32)
 8. Cardiovascular Therapeutics (Impact factor: 2.31)
 9. Journal of Cardiovascular and thoracic Research (ESCI)
 10. International Journal of Food Sciences and Nutrition, Taylor and Francis, (Impact Factor:2.79)
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Teaching Experiences

- Nutrition in Cancer patients for MSc. Students (2021 till now)
 - Nutrition in Cancer patients for PhD Students (2021 till now)
 - Nutrition in weight management for MSc. Students (2021 till now)
 - Nutrition in Inherited Metabolic Disorders for MSc. Students (2021 till now)
 - Nutrition in Critically ill patients for BSc. Students (2016-2018)
 - Principles in Diet Planning for BSc. Students (2016-2018)
 - Main presenter of workshop of “Nutrition in Athletes”
 - Main presenter of workshop of “Antioxidants usage in Sport” at the first international congress of Sport Nutrition, Isfahan, Iran
 - Main presenter of workshop of “Scientific Writing”
 - Main presenter of workshop of “An Introduction to Scientific Publishing”
 - Main presenter of workshop of “Endnote”
 - Main presenter of workshop of “Principles of Systematic Review and Meta-analysis”
 - Main presenter of workshop of “Systematic Search in Electronic Databases”
 - Main presenter of workshop of “Writing a research protocol”
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Laboratory skills

ELISA
PCR
RBC isolation
Spectrophotometer

Membership in scientific societies

- Member of Iranian Medical Association, (2014 till now)
- Member of Nutrition Society of Iran, (2012 till now)
- Member of Student Scientific Research Center at Tehran University of Medical Sciences (2014 to 2016)

- Member of Student Scientific Research Center at Isfahan University of Medical Sciences (2016 to 2019)

Journal articles

<u>CV link</u>	<u>H-Index</u>	<u>Correspondence</u>	<u>First Author</u>	<u>Number of Articles</u>
https://isid.research.ac.ir/Hamed_Mohamadi2	<u>32</u>	<u>41</u>	<u>12</u>	<u>154</u>

Book chapter

Name of chapter: Role of nutraceuticals in gestational diabetes mellitus (Chapter 8)

Authors: Neda Roshanravan, **Hamed Mohammadi**

Editor: Dr Priyanka Bhatt, Dr Marayam Miraghajani, Dr Sarvadaman Pathak and Dr Yashwant Pathak

Name of Book: Nutraceuticals for Prenatal, Maternal and Offspring's Nutritional Health Recent Trends and Clinical Evidence

Publisher: CRC Press, Boca Raton, Florida, USA (Taylor and Francis Group of Publishers)

Awards

- Award of Razi Research and Technology Festival on Medical Sciences (2025-2026)
- Award of Iran's National Elites Foundation (2019-2020)
- **“Outstanding student researcher”** of Iran’s ministry of health and medical education, 2019 Outstanding student researcher is an honor which is granted by governments to very few students who are qualified in research. Two review committee checks students resume in research and select very few of them for this honor in Iran’s ministry of health and medical education.
- First place among PhD student in Faculty of Nutrition and Food Sciences (2017, 2018)