

Elham Navab



Personal Information

University: Tehran University of Medical Sciences (from 2012)

Visiting professor at the University of Toronto (Sep 2023-Sep 2024)

Academic Rank: Associate Professor, Jan 2018

School: Nursing and Midwifery

Position: Head of Critical care & management department
member of nursing and midwifery faculty

Department: Geriatric nursing / Critical care nursing

Address: 810/ 222 Elm Street

Post Code: M5T1K5 Toronto, Ontario

Tel: +1 647 614 1350 (Toronto)

09809173110323(Iran)

Fax:

Email: elhamnavab2@gmail.com,

e-navab@sina.tums.ac.ir

elham.navab@utoronto.ca

Homepage:

Education

- PhD, Nursing, **Tehran University** of Medical Sciences, Oct 2011
- Master of Science in Nursing education (Medical-Surgical), **Shiraz University** of Medical Sciences, 2002
- Bachelor of Science in Nursing, **Shiraz University** of Medical Sciences, Oct 1995

PROFESSIONAL WORK HISTORY AND TEACHING EXPERIENCES

- Teaching different courses (Theory/practice) for PhD, MSc and BSc nursing and midwifery students in the

fields of:

Research and Methodology/ scientific writing

Cardiovascular nursing

Geriatric nursing & medicine

Critical care Nursing

Dementia and Alzheimer Disease

Family caregivers support

Patient education

- Working as registered nurse in **ICU Neurosurgery** (full time), shiraz, Iran, 1998-1999
- Working as registered nurse in **CCU** (full time), shiraz, Iran, 1997-1998
- Working as registered nurse in **Emergency room** (full time), shiraz, Iran, 1995-1997
- Lecturer/ Nurse teacher
- Clinical nurse educator
- Registered Nurse 1995 to Date

Presented workshop by myself:

- Elder abuse workshop for MS geriatric nursing students & geriatric medicine residents
- Caring a person with Alzheimer disease workshop for MS geriatric nursing students
- Caring a person with Alzheimer disease support group for family caregivers of persons with Alzheimer disease
- Interview (in phenomenological research) workshop for PhD nursing students
- Scientific writing workshop for PhD nursing students

ACADEMIC APPOINTMENTS

- Head of critical care & geriatric nursing department, School of Nursing and Midwifery, Tehran

University of Medical Sciences, 2014 -2022

- Head of geriatric nursing department, School of Nursing and Midwifery, Tehran University of Medical Sciences, 2012 -2014

Thesis

Lived experiences of Iranian family member caregivers of persons with Alzheimer's disease (Doctoral Dissertation), Oct 2011

The effect of education on anxiety level of patients undergoing CABG in Shiraz Nemazee hospital (MS Thesis), Oct 2002

Approved Projects & Proposals

- Assessing the effect of preoperative rehabilitation (**prehab**) program on physical function, balance and fear of fall of patients candidate for coronary artery bypass graft surgery(2022).
- The effect of educational application based on clinical guideline on medication adherence and readmission of patients who consuming Warfarin (2021).
- Exploring the process of ageism formation about older adults: Providing model(2021).
- Designing, implementing and evaluating an educational program based on participatory care model in adherence to therapeutic regimen of patients with heart failure: A mixed method study(2020).
- Explaining the experience of stress after exposure to various pre-hospital emergencies in emergency medical technicians: A mix method study(2019).
- The Effect of Nurse-Led Cognitive-Behavioral Therapy (CBT) on Elder Abuse and Guilt feeling among Family Caregivers of Persons with Alzheimer's Disease(2019)

- Prevalence of elder abuse and its risk factors under coverage South Health Centers affiliated to Tehran University of Medical Sciences in 1397: A population-based study (2018)
- Exploring the process of ageism formation about older adults: Providing model (2018)
- Draft of adaptation a clinical guideline on preventing and addressing of elder abuse (2018)
- The effect of retired nurse's empowerment programme on their depression , anxiety and stress in retirees (2018)
- Assessing fear of fall in older adults with heart failure and its predictors in patients referring to the selected heart failure clinics of Tehran university of medical science in 1396 (2017)
- The effect of Tai chi chuan exercise on balance and fear of falling among community dwelling older adults (2017)
- The relationship between clients satisfaction and Emergency Medical technicians job satisfaction (2016)
- Barriers Reporting Elder Abuse: conventional content analysis (2016)
- The Association between Frailty and short term health Outcomes in Older Patients Hospitalized in Khatam Hospital (2015)
- The effect of information provision on blood cortisol level in patients transferring from the cardiac care unit to the general ward (2015)
- Nurses lived experiences of caring for patients with brain death organ donor in intensive care units (2014)
- The relationship between perceived stigma and spiritual well-being on Family caregivers of persons with Alzheimer Disease (2014)
- Effect of an educational program using group discussion on the perceived stigma of family caregivers of persons with Alzheimer disease (2014)
- The effect of participating in support groups on grief experience, quality of sleep and fatigue of family caregivers of persons with Alzheimer Disease (2013)
- Investigating quality of life and its relationship with emotional intelligence in older adults with diabetes (2013)

- The effect of participating in support groups on depression, loneliness and quality of life of family caregivers of persons with Alzheimer Disease (2013)
- Lived experiences of Iranian family member caregivers of persons with Alzheimer's disease (2008)
- Quality of life and related factors in oncology nurses in Iran University of Medical Sciences (2004)
- Comparative study of angina symptoms in women and men referring to Shahid Rajai hospital (2003)
- The effect of education on anxiety level of patients undergoing CABG in Nemazee hospital (Shiraz)(2002)

International Presentations

Oral presentation:

- The 1st National congress of Electrophysiology, Tehran, Iran. May 2015.(Informed consent for research in older adults: a review article)
- 27th International Conference on Alzheimer's Disease in UK, London, March 7-10, 2012
- Third Conference on Health Promotion Strategies and challenges of aging, Iran, 2012
- National Seminar on prevention of risky behaviors interdisciplinary cooperation in the health sector, Tehran, 2012
- Sixth National Conference, an approach to the Alzheimer's Disease regarding education, rehabilitation and care, Tehran, 2011
- 26th International Conference on Alzheimer's disease. Toronto/ Canada, March 26-29, 2011
- 15th(IPA's)InternationalPsychogeriatricCongress,ReinventingAgingthroughInnovation

Care, Research, Technology. The Hague, The Netherlands, September 6-9, 2011

- 4th Pan-American Congress, International Association of Gerontology and Geriatrics. Ottawa, Canada. October 21 - 23, 2011
- 1st International Congress of Qualitative Research in Nursing and Health, Thailand, December 1-3, 2010
- Conference on World Alzheimer's Day, Alzheimer's disease and their families, Tehran, 2009
- Family and Alzheimer's disease Conference, Sep 2009, Iran
- Seminar on food, Tehran, 2005
- 14th congress of Iranian Heart Association in collaboration with British cardiac society, Tehran, Nov 23-26, 2004
- Fourth International Congress of Cardiology in partnership with the British Cardiac Society, Tehran, 2003
- 13th congress of Iranian Heart Association in collaboration with university of Vienna, Tehran, Oct 8-11, 2002
- Thirteenth International Congress of Cardiology, Tehran, Oct 2002

PosterPresentations:

- 30th International Conference of Alzheimer's Disease International. Perth, Australia, 2015. (The Effect of Cognitive-Behavioral Management Training program on the burden of family caregivers of persons with Alzheimer's disease).
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- 3rd international preventive cardiology congress, Iran, 2014. (Nature and dimensions of compulsion in Iranian patients with ICD: a qualitative study).
- Bozorgzad P, Nikbakht A, Navab E, Raeesi Farr A, Bahram Nezhad F. Clinical training, under the umbrella of personal philosophy. Fourteenth National Conference on Medical Education, Tehran, 2013

- The third meeting focused on ways to improve health and aging challenges, Mazandaran, 2012
- Fifteenth International Congress on aging psychology, Netherlands, 2011
- The National Conference on Alzheimer's Imam Khomeini Hospital. **Invited speaker**, 2011
- Navab E. The role of food supplements in the health of the elderly: Review article. University of Welfare 2015.
- Navab E. Nurses and mistreatment with the elderly. Nursing ethics congress. Shahid Beheshti University of medical sciences. 2013.

Honors, Awards & Grants

Award letter from Dean of the School of Nursing and Midwifery of Tehran University of Medical Sciences for preparing Geriatric group Mind Map

Award letter from Dean of the School of Nursing and Midwifery, Iran University of Medical Sciences, 2005

Award letter from educational deputy of Ministry of Health and Medical Education for the third rank in PhD exam (2005)

Refereeing the articles submitted to Cardiovascular Nursing Journal

Refereeing the articles submitted to HAYAT Journal

Award of Mottahari festival 2016

Professional Membership

- Member of Iranian Geriatric society (from 2023)
- Member of higher education council in Tehran University of Medical Sciences (from 2012)

- Member of the geriatric medicine group in Tehran University of Medical Sciences (from 2012)
- Member of Scientific Phenomenological Association of Iran health science (from 2015)
- Member of the research conceal , School of Nursing and Midwifery, Tehran University of Medical Sciences (from 2012)
- Member of the common research conceal of Critical care & Management & Geriatric nursing department, School of Nursing and Midwifery, Tehran University of Medical Sciences, (from 2012)
- Member of the scientific committee, Iran Alzheimer Society, 2011
- Member of the research committee, center of geriatric health research, 2012
- Member of Iranian Cardiac Nurses Association, 2012
- Faculty member, School of Nursing & Midwifery, Tehran University of Medical Sciences, Tehran, Iran, 2012 to Date

Publications

English

- Gheiasi SF, Hosseini E, Sharifi F, Esmaeili M, Etesam E, Navab E. Effect of a Nurse-Led Cognitive-Behavioral Therapy on Sleep Quality in Patients Undergoing Open Heart Surgery: A Prospective Randomized Clinical Trial. *Health Scope*. 2024 February; 13(1):e133858.
- Ghonoodi F, Sharifi F, Shahsavari H, Shahrestanaki SK, Navab E. Validity and reliability of the persian version of the modified telephone interview for cognitive status among community-dwelling older adults in Iran. *Dement Neuropsychol*. 2024 Jan 5;17:e20230020.
- Gheiasi SF, Cheraghi MA, Dastjerdi M, Navid H, Khoshavi M, Peyrovi H, Khachian A, Seylani K, Esmaeili M, Navab E. Experiences of Facilitators and Inhibitors to Treatment Adherence in Patients with Heart Failure. *Clinical Nursing Research*. 2023, Vol. 32(3) 648–659

- Yaghoobzadeh A. Asgari P. Nikbakht Nasrabadi A. Mirlashari J. Navab E. Explaining the process of formation of ageism among the Iranian older adults. *BMC Psychology* (2023) ;11(1). DOI: 10.1186/s40359-023-01153-y.
- Nabi Foodani M. Mohamadnejad Ostad F. Navab E., Bahrapouri S. Abbasi Dolatabadi Z. Self-care and Standard Precaution Observance in Intensive Care Nurses during COVID 19. *Health Education and Health Promotion*. 2023; 11(1):3-10.
- Keyvanloo Shahrestanaki S. Sharifi F. Shsavari H. Ghonoodi F. Philp I. Bahramnezhad F. & Navab E. Predicting the Risk of Fall in Community-Dwelling Older Adults in Iran, *Journal of Aging and Environment*, (2023); 37:1, 1-18, DOI: 10.1080/26892618.2021.1918813
- Doat, A.-R., Navab, E., Sadat Hoseini, A.S. Lived Experiences of Adolescent Living with human immunodeficiency virus in Ghana: A Phenomenology Study. *Nursing Open*. 2021;8(1): 299-307
- Shahmoradi L, Mehrabanfar M, Emami Meibodi, SA, Navab, E., Training pain management to nursing students: Designing, implementing, and evaluating a mobile-based application. *Journal of Education and Health Promotion* 2021, 10:379
- Gheiasi, S.F., Verdi, M.B., Sharifi, F, Moghaddam, M.Z., Navab, E. Fear of falling and its related factors in the older adults with heart failure. *Evidence Based Care Journal*. 2021; 11(1): 76-81
- Moradi, M., Navab, E., Sharifi, F., Namadi, B., Rahimidoost, M. The Effects of the COVID-19 Pandemic on the Elderly: A Systematic Review. *Iranian Journal of Ageing*. 2021; 16(1): 2-29
- Doat, A.-R., Navab, E., Sadat Hoseini, A.S. Paradoxical Experiences of Ghanaian Adolescents with HIV: Physiological Challenges. *HIV and AIDS Review*
- Navab, E. Barani, N, Asgari, P. Bahramnezhad, F. The Barriers and Facilitators of Covid-19 Patient Care: A Conventional Content Analysis. *Iran Journal of Nursing*

- Khazaei, A., Navab, E., Esmaili, M., Masoumi H. Prevalence and Related Factors of Post-Traumatic Stress Disorder in Emergency Medical Technicians; a Cross-sectional Study. *Arch Acad Emerg Med.* 2021; 9(1): 35
- Asgari, P., Navab, E., Esmaili, M., Bit-Lian, Y., Bahramnezhad, F. There is no fool like an old fool: The experiences of elderly regarding remarriage in Iran. *Iranian Journal of Psychiatry and Behavioral Sciences.* 2021; 15(2): 106634
- Shali, M., Joolaei, S., Navab, E., Esmaili, M., Nikbakht Nasrabadi, A. White lies in pediatric care: A qualitative study from nurses' perspective. *Journal of Medical Ethics and History of Medicine.* 2020, 13(16): 1-12
- Nasrabadi, A.N., Joolaei, S., Navab, E., Esmaili, M., Shali, M. White lie during patient care: A qualitative study of nurses' perspectives. *BMC Medical Ethics.* 2020; 21(1):86
- Simbeye, J., Navab, E., Bahramnezhad, F. Pain management interventions for drug-addicted patients admitted in intensive care units: An integrative review. *Open Nursing Journal.* 2020; 14(1): 240-247
- Nasrabadi, A., Joolaei, S., Navab, E., Shali, M., Sheikhsakaryaei, N. Designing a truth-based communication model in patient ethical care process. *Journal of Education and Health Promotion.* 2020; 9(1):308
- Yaghoobzadeh, A., Navab, E., Mirlashari, J., Allen, K.A., Pourmollamirza, A. Factors moderating the influence of intergenerational contact on ageism a systematic review. *Journal of Psychosocial Nursing and Mental Health Services.* 2020. 58(8): 48-55
- Navab, E., Esmaili, M., Poorkhorshidi, N., Khazaei, A., Moghimbeigi, A. Predictors of Out of Hospital Cardiac Arrest Outcomes in Pre-Hospital Settings; a Retrospective Cross-sectional Study. *Archives of Academic Emergency Medicine.* 2019. 7(1):1-10
- Saghafi, A., Bahramnezhad, F., Poormollamirza, A., Dadgari, A., Navab, E. Examining the ethical challenges in managing elder abuse: A systematic review. *Journal of Medical Ethics and History of Medicine.* 2019; 12: 1-18

- Mirlashari, J., Valizadeh, S., Navab, E., Craig, J.W., Ghorbani, F. Dark and Bright-Two Sides of Family-Centered Care in the NICU: A Qualitative Study. *Clinical Nursing Research*. 2019; 28(7): 869-885
- Khazaei, A., Esmaili, M., Navab, E. The Most and Least Stressful Prehospital Emergencies from Emergency Medical Technicians' View Point; a Cross-Sectional Study. *Archives of Academic Emergency Medicine*. 2019; 7(1): 1-7
- Asgari, P., Navab, E., Bahramnezhad, F. Comparative study of nursing curriculum in nursing faculties of Canada, Turkey, and Iran according to SPICES model. *Journal of Education and Health Promotion*. 2019; 8(1):120
- Dehghan Nayeri N, Yadegary MA, Seylani K, Navab E. Development and Psychometric Evaluation of Coronary Artery Disease Treatment Adherence Scale. *Cardiology and therapy*. 2019;8(1):103-15
- Yakubu H. Y , Esmailie M, Navab E. Family members' beliefs and attitudes towards visiting policy in the intensive care units of Ghana. *Nursing Open*. 2019;1-9.
- Navab, E, Bahramnezhad, F. 2019. Letter to Editor: Silent Victims of COVID-19. *Journal of Client-Centered Nursing Care*, 5(4), pp 211-212.
- Valizadeh, S., Mirlashari, J., Navab, E., Higman, W., Ghorbani, F. Fathers: The Lost Ring in the Chain of Family-Centered Care. *Advances in Neonatal Care*. 2018; 18(1): 3-11.
- Yakubu H. Y , Esmailie M, Navab . Nurses Beliefs And Attitudes Towards Visiting Policy In The Intensive Care Units Of Ghanaian Hospitals . *Advances in Bioscience and Clinical Medicine* · October 2018.
- Hosseini L, Kargozar E, Sharifi F, Negarandeh R, Memari A-H, Navab E. Tai Chi Chuan can improve balance and reduce fear of falling in community dwelling older adults: a randomized control trial. *Journal of Exercise Rehabilitation*. 2018;14(6):1024-31.
- Jamsahar M, Navab E, Yekaninejad MS, Navidhamidi M. The effect of provision of information on serum cortisol in patients transferred from the coronary care

- unit to the general ward: A randomised controlled trial. *Intensive and Critical Care Nursing*. 2018;46:38-43.
- Ghorbani F, Mirlashari J, Navab E, Higman W, Valizadeh S. Experiences of the Iranian neonatal intensive care unit nurses in implementing family-centered care: Walking on an insecure foundation. *Iranian Journal of Neonatology*. 2018;9(2):42-9
 - Valizadeh S, Mirlashari J, Navab E, Higman W, Ghorbani F, Dowling D, et al. Fathers: The Lost Ring in the Chain of Family-Centered Care. *Advances in Neonatal Care*. 2018;18(1):E3-E11
 - Zirak, M. Nayeri, N. Yadegary, M.A. Navab, E. Adherence to Treatment Regimen and its Related Factors in Patients Undergoing Coronary Artery Revascularization in the City of Zanjan in 2017 . *Preventive Care In Nursing and Midwifery Journal*
 - Bahramnezhad F, Chalik R, Bastani F, Taherpour M, Navab E. The social network among the elderly and its relationship with quality of life. *Electronic physician*. 2017;9(5):4306-11.
 - Amiri F, Ghiyasvandian S, Navab E, Zakerimoghadam M. Corneal transplantation: A new view of life. *Electronic Physician* 2017;9(4):4055-63
 - Pasyar N, Sharif F, Rakhshan M, Nikoo MH, Navab E. Changes in Daily Life of Iranian Patients with implantable Cardioverter Defibrillator: A Qualitative Study. *International journal of community based nursing and midwifery*. 2017;5(2):134-43.
 - Nabi Amjad RN, Nasrabadi AN, Navab E. Family Stigma Associated With Epilepsy: A Qualitative Study. *Journal of caring sciences*. 2017;6(1):59-65
 - Navab E, Shali M. An Overview Of Specialist Nurse Role In Patients With Stroke Caring And Their Care-Givers Support. *Advances in Biosciences & Clinical Medicine*. 2017:61
 - Nabi Amjad R, E Navab, AN Nasrabadi. Parents of children with epilepsy captured by epilepsy: a qualitative study. *Acta Medica Mediterranea* (2016), 32, 1303-1309.

- Taati F, Bahramnezhad F, Seyedfatemi N, Sharifi F, Navab E. The Effect of Participation in Support Groups on Depression, Anxiety and Stress in Family Caregivers of People with Alzheimer's: Randomized clinical trial. *International Journal of Medical Research & Health Sciences*.(2016), 5 (7), 256-262.
- Keshtkaran Z, Sharif F, Navab E, Gholamzadeh S. Lived Experiences of Iranian Nurses Caring for Brain Death Organ Donor Patients: Caring as "Halo of Ambiguity and Doubt. *Global Journal of Health Science* (2016), 8 (7), 281.
- Mehdi Moradnezhad, Khatereh Seylani, Elham Navab, Maryam Esmailie. Spiritual intelligence of nurses working at the intensive care units of hospitals affiliated with Tehran University of Medical Sciences. *Nursing Practice Today* 2017. 4(4):170-179.
- Amiri F, Ghiyasvandian S, Navab E, Zakerimoghadam M. Corneal transplantation: A new view of life. *Electronic physician* (2017),9 (4), 4055.
- Nabi Amjad R, Nikbakht Nasrabadi A, Navab E. Family stigma associated with epilepsy: A qualitative study. *Journal of caring sciences* (2017), 6 (1), 59
- Pasyar N, Sharif F, Rakhshan M, Nikoo MH, Navab E. Changes in daily life of Iranian patients with implantable cardiovascular defibrillator: A qualitative study. *IJCBNM* (2017), 5 (2), 134.
- Aghahosseini S, Navab E, Sadooghiasl A. A comparative study on curriculum of geriatric nursing masters degree in Iran and Ireland. *Nurse practice today* (2017), 3 (1), 19-25.
- Moradnezhad M, Seylani K, Navab E, Esmailie M. Spiritual intelligence of nurses working at the intensive care units of hospitals affiliated with Tehran University of Medical Sciences. *Nursing Practice Today* (2017),4 (4)
- Pasyar N, Sharif F, Rakhshan M, Nikoo MH, Navab E. Patients' Experiences of Living with Implantable Cardioverter Defibrillators. *International Cardiovascular Research Journal* (2017), 11 (3).
- Nabi Amjad R, NAVAB E, AN NASRABADI. Implication for health policy/practice/research/medical education. *Acta Medica* (2016), 32, 1303.
- Abbasabad Arabi H, Bastani F, Navab E, Haghani H. Investigating Quality of Life and its Relationship with Emotional Intelligence (EQ) in Elderly with

Diabetes. Iranian Journal of Psychiatry and Clinical Psychology (2015), 21 (3), 215-224

- Pasyar N, Sharif F, Rakhshan M, Nikoo M, Navab E. Iranian Patients experiences of the Internal Cardioverter Defibrillator Device Shocks: a Qualitative Study. Journal of Caring Sciences.(2015), 4 (4), 277.
- Bagherbeik Tabrizi L, Navab E, Farokhnezhad Afshar P.Effect of Cognitive-Behavioral Intervention on Burden of Family Caregivers of Patients with Alzheimer's Disease. (2015), Journal of hayat 21 (1), 94-102.
- The nurse's perception of elderly abuse. Journal of Nursing Care.2015
- Pasyar N, Sharif F, Rakhshan M, Nikoo MH, Navab E,"Nature and dimensions of compulsion in Iranian patients with ICD: a qualitative study". International cardiovascular research journal,2014,8(29).
- Navab E, Negarandeh R, Peyravi H, "Stigma among Iranian familycaregivers of persons with Alzheimer's disease: A hermeneutic study". Nursing and Health Sciences (2013), 15, 201–206 .
- Navab E, Negarandeh R, Peyravi H, "Lived experiences of Iranian family member caregivers of persons with Alzheimer's disease: caring as 'captured in the whirlpool of time'". Journal of Clinical Nursing (2012) 21 (7-8), 1078–1086
- Navab E, Negarandeh R, Peyravi H, "Stigma in Iranian caregivers of people with Alzheimer's disease". International psychogeriatrics, 23(1), S288-89, Sep 2011.

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- Navab E, Barani N, Asgari P, Bahramnezhad F. The Barriers and Facilitators of Covid-19 Patient Care: A Conventional Content Analysis. IJN. 2021; 34 (131) :82-97
- Moradi M, Navab E, Sharifi F, Namadi B, Rahimidoost M. The Effects of the COVID-19 Pandemic on the Elderly: A Systematic Review. Iranian Journal of Ageing. 2021; 16 (1) :2-29

- Moradi M, navab E, sharifi F, Negarandeh R. Effect of lifestyle education based on Pender model on frailty outcomes in community-dwelling older adults. *joge*. 2021; 6 (3) :28-40
- Nikbakht Nasrabadi A, Joolae S, Navab E, Esmailie M, shali M. The Relationship between moral Sensitivity in decision making and Using white Lies in Patient Care. *IJNR*. 2020; 15 (3) :56-67
- Manookian A, Navab E, Zomorodi M. The Relationship between Self-compassion and Attitude to Ageing in Middle aged People. *IJNR*. 2020; 15 (5) :20-28
- Nikbakht Nasrabadi A, Joolae S, Navab E, Esmailie M, Shali M. A concept analysis of white lie from nurses' perspectives: A hybrid model . *Journal of Hayat*. 2019; 25 (3) :309-324
- Nikbakht Nasrabadi A, Joolae S, Navab E, Esmailie M, shali M. A Narrative Review of the range of expediency in using white lies in patient care. *J Educ Ethics Nurs* 2020;9(1&2):42-51
- Pourmollamirza A, Sharifi F, Etesam F, Navab E. Abuse of people with Alzheimer's disease by family caregivers: A Review. *IJNR*. 2020; 15 (2) :96-108
- Nikbakht Nasrabadi A, Joolae S, Navab E, Esmailie M, Shali M. Experiences of Health Care Providers in Using Therapeutic White Lies in Patient Ethical Care Process. *Iran J Biomed Law Ethics*. 2019;1(2):12-23.
- Bahramnezhad F, Sylani Kh,ShokatiAsl A , Haghani H , Navab E. The Effect of Foot Reflexology on Fatigue, Pain and Physiological Parameters in Patients after Coronary Angiography. *nvj*. 2019; 6 (20) :1-15
- Nikbakht Nasrabadi A, Joolae S, Navab E, Esmailie M, Shali M. lived experiences of nurses of white lie in ethical care process. *Medical Ethics Journal*. 2019; 13(44): 17.
- Navab E, Alipour M, Parvizy S, Haghani H, Bahramnezhad F .Perceived stigma among the family caregivers of people with Alzheimer's disease. *nvj*. 2019; 6 (18) :1-12
- Noghani F, Navab E, Mehran A, Yaghobi L. The Effects of Group Reminiscence Therapy on Loneliness and Spiritual Well-being in the Elderly Residents of

- Kahrizak Nursing Home, Tehran, Iran. Iranian Journal of Nursing Research. 2018;13(1):47-55
- Keivanloo S, ghonoodi F, Bahramnezhad F, Navab E. Cardiovascular disease and vascular dementia in the elderly. Iranian Journal of Cardiovascular Nursing. 2017; 6(1): 54-61
 - Hosseini L, Hajibabae F, **Navab E**. Reviewing polypharmacy in elderly . 3. 2017; 1 (1) :15-24.
 - Bagherbaik Tabrizi L, **Navab E**, Farokhnezhad Afshar P, Asadi Nooghabi AA, Haghani H. The effect of cognitive- behavioral management on burden of family caregiver of persons with Alzheimer's disease. Hayat journal, No: 1 Farvardin (2015).
 - Sadooghiasl A, **Navab E**, Negarandeh R, Nikbakht Nsrabadi A, A comparative study of geriatric nursing curriculum in Iran and UAS. Iranian Journal of Nursing Research (2015), 10(2), 95-103.
 - Bahramnezhad F, **Navab E**, Navidhamidi M, Mehrnezhad N, A review of the role of diabetes in development of atherosclerosis. (2014) Iranian journal of Cardiovascular Nursing 3(2).
 - **Navab E**, Derakhshan A, Sharif NF, Amirghofran A, Tabatabai H. The effect of education on anxiety level of patients undergoing CABG in Shiraz Nemazee hospital. Iran Journal of Nursing, 34(16) 2003.
 - Abbasabad Arabi H, Bastani F, **Navab E**, Haghani H. Investigating Quality of Life and its Relationship with Emotional Intelligence (EQ) in Elderly with Diabetes . IJPCP. 2015; 21 (3) :215-224.

Books:

- Farajollahi M, **Navab E**. cancer-related Fatigue. Tehran, Iran University of Medical Sciences Publications. 2007
- **Navab E**, Hajibabae F. Phenomenology focused on Van Manen methodology. Tehran: Andisheh Rafee. 2016.

- **Navab E**, Bahram Nejad F. Testing and evaluation in nursing. Tehran: Heydari Publication. 2016
- **Navab E**, Bahramnejhad F, Sanaee N, Beik Verdi M. Comprehensive textbook of nursing geriatric. Teharn: Heydari Publication. 2016

Field(s) Research Interest

Cardiovascular nursing/ patient and caregiver education (in CCU)/ Cardiac Rehab

Geriatric nursing/ older adults exercise and leisure

Alzheimer's disease / **Family caregiver education and Support groups**

Qualitative research (phenomenology/ mixed method) & Quantitative research

Critical Care Nursing / treatment adherence

Patient and caregivers' Quality of life

Human relations and communication