



TEHRAN UNIVERSITY  
OF  
MEDICAL SCIENCES

**School of Nursing and Midwifery**



**M.Sc. in Psychiatric Nursing**

**(General specifications, plans, and headlines)**

## Section I

**Title: Psychiatric Nursing (M.Sc.)**

**Degree: M.Sc.**

### General Competencies

Communicative, interviewing, educational, writing, reporting, critical thinking, problem solving, managerial ones, as well as professionalism

### Specific Competencies and Skills (Special Qualifications)

- Assessment of psychiatric patients and their families
- Interpreting lab results such as electrolytes, hormones, and lithium
- Identifying patients' problems
- Making plan to meet the health needs of patients
- Delivering required nursing care to psychiatric patients
- Playing professional role in the treatment team as a psychiatric nurse
- Having consultancy skills related to psychiatric nursing
- Having teaching skills related to psychiatric nursing to teach patients, families, and students
- Having managerial skills
- Conduct research and write scientific paper
- Team work skill and interdisciplinary coordination

### The Terms and Conditions of Admission to the Course

**Entry requirements:** Applicants must pass entry exam in accordance with the Ministry of Health and Medical Education, and have nursing bachelor degree attained from one of the national or international universities approved by the Ministry of Health and Medical Education.

### Exam's subjects and their credit

No.	Exam's subjects	Credit
1	Medical-surgical nursing	2
2	Pediatric nursing	2
3	Mothers and infants' health nursing	2
4	Public health nursing	2
5	Psychiatric nursing	4
6	General English efficiency	2
Total		14

**Educational Strategies, Methods and Techniques:** lecture (question and answer, video clip), journal club, case presentation, discussions in small groups, seminars and conferences, site visits (for example, Nursing Office of the Tehran University of Medical Sciences, and Iranian Nursing Organization), and clinical and managerial practice in health care fields

### Student Assessment

Written assessment [multiple choice questions (MCQ), essay (restricted and extended answer)], oral assessment (unstructured and structured oral exams), interactive computer test, and practical assessment (projects, portfolio, and logbook, lab observations).

### Number and Type of Credits and Tables of the Courses (including compulsory and optional [elective] courses)

Code	Title of module	Number of credits	Types of the module	Prerequisite
01	Medical information technology systems	1 (26 hours)	Theory-practice	-
02	Statistic and advanced research methodology	3 (68 hours)	Theory-practice	-
03	Ethics, rights, and law in psychiatric nursing	1.5 (34 hours)	Theory-practice	-
04	Psychiatric nursing theories and models and their application	2 (52 hours)	Theory-practice	-
05	Nursing management in psychiatric wards	1.5 (43 hours)	Theory-practice	04
06	Education methods	1.5 (34 hours)	Theory-practice	-
07	Specialized pharmacology (psychopharmacology)	1.5 (43 hour)	Theory-practice	-
08	Principles of mental health and psychiatric nursing	1.5 (43 hours)	Theory-practice	-
09	Principles of counselling in psychiatric nursing	1 (35 hours)	Theory-practice	08
10	Adults' mental disorders and psychiatric care	2 (68 hours)	Theory-practice	08-09
11	Individual's psychiatric nursing interventions	2 (68 hours)	Theory-practice	07-08-09
12	Group and family's psychiatric nursing interventions	2 (68 hours)	Theory-practice	11
13	Children and youth's psychiatric nursing interventions	2 (68 hours)	Theory-practice	08
14	Elderlies' mental disorders and psychiatric nursing care	1.5 (43 hours)	Theory-practice	07-08
15	Addiction nursing (from prevention to rehabilitation with family-centered approach)	1 (35 hours)	Theory-practice	07-08-09
16	Psychiatric nursing emergencies	1 (43 hours)	Theory-practice	-

## **Ethical issues**

The graduates should:

- Observe the Patient's Bill of Rights<sup>1</sup> when working with the patients.
- Strictly observe Biosafety and Patient Safety Rules\* concerning the patients, personnel and workplace.
- Observe the Rulebook for Dress Code<sup>2</sup>.
- Strictly observe the Regulations of Working with the Laboratory Animals<sup>3</sup>.
- Carefully preserve resources and equipment.
- Truly respect faculty members, the staff, classmates and other students and work for creating an intimate and respectful atmosphere.
- Observe social and professional ethical considerations in criticism.

1, 2, and 3 are contained in the Enclosures.

\* Biosafety and Patient Safety Rules will be set out by the Educational Departments and will be available to the students.