

## In the Name of God

### Islamic Republic of Iran Ministry of Health and Medical Education Deputy for Education

## Psychosomatic Medicine Degree: Fellowship

### Introduction:

Psychosomatic medicine is a subset of psychiatry, which addresses physical and psychiatric problems of patients at the same time. Psychosomatic medicine specialist not only gives advice to other physicians, but also is a member of the management team of internal and surgical patients .

Psychosomatic medicine has a major role in many departments such as those that deal with organ transplant, cancer and chronic diseases. This is effective and useful for emergency and ICU Units. Also it has a pivotal role in the hospital ethics committee. One of the most sensitive things that psychosomatic medicine provide is assessment of stresses imposed on hospital staffs due to taking care of patients, especially in chronic and end stage patients. Consultation- liaison psychiatrist has an educational role for students, nurses, general practitioners and specialists in other departments, and also helps to provide a better care for patients, and maintain good physician -patient relationship.

### Definition and Duration of the Training Course:

This fellowship is a complementary course of specialized field of psychiatry and the graduates play their roles in providing advices, prevention, treatment and rehabilitation of psychosomatic diseases and related fields.

The duration of this course is 18 months.

### AIMS:

1- To train skilled and Liable physicians in providing comprehensive preventive, diagnostic, therapeutic approaches with training, and research competencies in the field of psychosomatic medicine.

### Admission Requirements

- Psychiatry Board Certified

- Having passed the Entrance Exam

## **Expected Competencies at the End of the Program**

### **General Competencies\***

#### **Specific Competencies and Skills**

No specific Procedural competencies .

## **Educational Strategies, Methods and Techniques\***

### **Student Assessment (Methods and Types)**

a. Assessment Methods:

Portfolio includes the following measures:

- Mini CEX- x
- Log book
- MCQs

b. Periods of Assessment


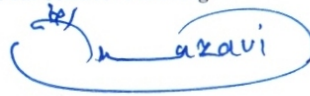
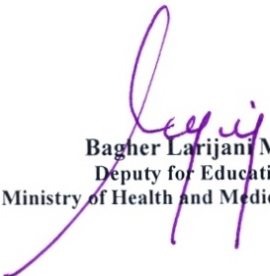
- Continuous
- Quarterly
- Yearly
- End of the course

### **Ethical Considerations\***

\*Note: The related document(s) can be found at <http://hcmep.behdasht.gov.ir/>.

**The overall structure of the course:**

Department, unit or setting	Content-measures	Duration (months)
psychosomatic department		4 months
Psychosomatic clinic		During the course
Wards -rotations	Internal Medicine wards (endocrinology, gastroenterology, ...) surgery (general, cardiovascular, orthopedics...), gynecology, cardiology neurology, ICU, CCU.	6 months
Psychosomatic department		6 months
Optional Departments	Dialysis, transplantation and infectious diseases....	2 months

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