

In the Name of God



Islamic Republic of Iran  
Ministry of Health, Treatment and Medical Education  
Tehran University of Medical Sciences

# Curriculum of Orthodontics Postgraduate (MSc) Program

**Section I:**

**Title: Orthodontics**

**Degree: Master of Science in Clinical Dentistry (MSc)**

**Introduction** (not more than 100 words including general comments on the field and its developments, advancements and history)

Orthodontics is one of the dental specialty majors that is made up of prevention, diagnosis and treatment of dento-alveolar disorders and in the case of successful graduation it will lead to the MSc degree.

**Definition** (the main subject of study and services provided by the graduates)

The main subjects and services provided by the graduates of the program consist of:

- Playing a role in health care as a key factor in sustainable development of the society
- Prevention of complication due to dento-alveolar disorders given to their prevalence, gradation of the quality of life and reduction of health care costs nationwide
- Correct treatment of dento-alveolar disorders with regard to their importance in providing, maintaining and promoting public health
- Being informed of the latest scientific and technical achievements
- Conducting research and extending borders of science

**The Aim of the Course** (including its vision and mission)

The aim of performing this educational program is training orthodontists who are at global level from the aspects of knowledge and science level and practical skills. In addition they would be able to provide preventive and therapeutic services with standard quality in their field besides being capable of providing education service and playing an active role in advancing sciences and expanding science and research limits.

**General Competencies** (including communicative, interviewing, educational, writing, reporting, critical thinking, problem solving, managerial ones as well as professionalism)

Effective communication with patients, accurate examinations, proper application of paraclinical tests, familiarity with modern science and technology, accurate diagnosis and appropriate treatment planning, proposing appropriate preventive and therapeutic

strategies, conducting research with the aim of solving existing problems, educating patients, accompaniers and colleagues, and management and executive participation in the health team.

**Professionalism and ethical expectations from graduates:** It is expected that graduates:

- a) **In the area of altruism:** preferring the patient's interests to their own, observance of justice while working with different patients, considering all physical, psychological, social and belief-related aspects of patients while treating them, spending enough time in all phases of patient care, paying attention to patients' demands and discomforts, observance of the patients' bill of rights.
- b) **In the area of dutifulness and responsibility:** have enough commitment to do their tasks, answer patients' questions, provide patients and their accompaniers with information regarding the patient's status in the most appropriate way, avoid unnecessary interferences with colleagues' work and interact with the health team members, ask patients' permission for examining and taking any diagnostic-therapeutic measures, and instructing patients properly regarding prevention, appearance of side effects, disease reoccurrence and improvement of life quality.
- c) **In the area of honor and honesty:** be truthful, honest and confident and respect patient's privacy.
- d) **In the area of respecting others:** respect patients' conventions, traditions and habits, respect patient as a human being, respect patients' time and observe order and regularity, respect patients' accompaniers, colleagues and therapeutic team members, and have an appearance appropriate to professional prestige.
- e) **In the area of professional career:** accept critique, know their scientific limitations, ask for advice and help if needed, improve their knowledge and skills constantly, do diagnostic-therapeutic measures according to available facilities and scientific achievements, and observe the standards of completing medical record and reporting.

## **Specific Competencies and Skills** (Special Qualifications)

Orthodontic post graduates ought to achieve these capabilities:

١. Complete identification and diagnosis of dentofacial disorders and evaluation of multi factorial nature of such disorders in relation to dento-alveolar disorders
٢. Establishing a deep conception of biologic knowledge and its relation to

clinical orthodontics.

۳. Necessary knowledge and skill in treatment plan procedure and applying various therapeutic methods as prevention and correction of dento-alveolar disorders.
۴. Necessary knowledge and skill in forming the relation, coordination and presenting service in relation with other specialties.
۵. Evaluation capability and using the new research information in clinical treatments.
۶. Sufficient knowledge and capability in the field of research methodology and presenting research projects in orthodontics.
۷. Capability of analistic notion in orthodontics

### **The Terms and Conditions of Admission to the Course** (specific conditions including exams, interview, CV, Recommendations, etc.)

Applicant's documents, including his/her DDS/BDS degree, CV, Recommendation, etc will be reviewed by the faculty members of Orthodontics Department. Based on the documents, the applicant will be accepted for either an interview or a three month evaluation period to be an observer in Orthodontics Department. If he/she could successfully pass the interview/evaluation period, he/she will be accepted to continue as a MSc student.

### **Educational Strategies, Methods and Techniques**

The following educational strategies are considered in Orthodontics:

Learner-centered education, learning based on problem solving, integration of basic and clinical sciences, evidence-based learning, lifelong community-oriented education, and systematic education.

The educational system of the Orthodontics MSs program is semestrial. Course types are in theoretical, practical, theoretical-practical forms that are presented in basic, related and special science courses forms.

### **Student Assessment**

A variety of assessment methods including theoretical exam, DOPS, OSCE, Seminar presentation, portfolio, etc, depending on the course, is implemented.

### **Number and Type of Credits and Tables of the Courses** (including compulsory and optional [elective] courses)

The Orthodontics MSc program is a 3 year full time program in accordance with the regulations of the Council of Dental and Specialty Educations.

### **Course structure**

Orthodontics post graduate courses` structure includes basic, related and special science courses:

1. Basic courses are considered to be the infrastructure of related science and specialty science courses and their aim is to remind, update, expand and deepen the topics that are presented in this specialty program.

Basic science courses which are 336 h of post graduate program are taught in two forms:

A. Common basic science courses are taught 200 h by basic science specialists to all residents.

B. Special basic science courses are taught 136 by orthodontics department and related attendings` supervision.

2. **Related science courses:** These courses discuss the scientific relationship with other specialty fields of dentistry and teach knowledge, creativity and making correct decisions to residents so that they can participate in team work attempts to provide comprehensive care for patients by recognizing abilities, priorities, limitations and new developments in science. Related science courses are 102 h of post graduate program which are presented in common with related education departments.

3. **Special science courses:** These courses which are the main post graduate program content are taught with the goal of knowledge and science promotion and skill acquisition in orthodontics.

Specialty science courses are 226 h of the post graduate program which will be taught by the related education department faculty members.

Total education hours of post graduate orthodontics is 2740.



### ۱: Common Basic science schedule

Course Code	Course	Credit hours			
		Workshop	Theoretical	Practical	Total
۱	Research Methodology ۱	۲			۱.۲
۲	Research Methodology ۲	۲			۱.۲
۳	Scientific writing	۱			۰.۱
<b>Total</b>		۵			۲.۵

### ۲. Special Basic science schedule

Course Code	Course	Credit hours			
		Workshop	Theoretical	Practical	Total
۴	Oral physiology and biology		۱		۱.۷
۵	Craniofacial genetics		۱		۱.۷
۶	Clinical Photography	۱			۰.۱
۷	Practice Management		۲		۳.۴
<b>Total</b>		۱	۴		۱.۱۹

## Orthodontics

### ۲. Related courses

Course Code	Course	Credit Hours			Prerequisite Courses
		Theoretical	Practical	Total	
۸	Prosthodontics	۱		۱۷	
۹	Periodontology	۱		۱۷	
۱۰	Oral and Maxillofacial surgery	۱		۱۷	
۱۱	Oral and Maxillofacial surgery		۱	۳۴	
۱۲	Oral and Maxillofacial Radiology	۱		۱۷	
<b>Total</b>				<b>۱۰۲</b>	

### ۴. Special science courses

Course Code	Course	Credit Hours			Prerequisite Courses
		Theoretical	Practical	Total	
۱۳	Literature review ۱	۱		۱۷	
۱۴	Literature review ۲	۱		۱۷	۱۳
۱۵	Biomechanics	۲		۳۴	
۱۶	Biology of tooth movement and tissue response	۱		۱۷	۱۵
۱۷	Diagnosis (imaging)	۲		۳۴	
۱۸	Principles of diagnosis and treatment plan	۲		۳۴	
۱۹	Removable preclinic		۱	۳۴	
۲۰	Fixed preclinic		۱	۳۴	
۲۱	TypoDont		۴	۱۳۶	
۲۲	Fixed technique ۱	۱		۶۸	
۲۳	Fixed technique ۲	۲		۲۵	۲۲
۲۴	Principles of removable appliances	۲		۳۴	
۲۵	Treatment theoretical ۱	۲		۳۴	
۲۶	Treatment theoretical ۲	۲		۳۴	۱۷, ۱۸, ۲۵
۲۷	Treatment theoretical ۳	۱		۱۷	۲۵, ۲۶
۲۸	Orthosurgery	۲		۳۴	۲۵, ۲۶
۲۹	Occlusion development	۱		۱۷	
۳۰	Growth and development	۱		۱۷	
۳۱	Retention and Relapse	۱		۱۷	
۳۲	Syndromes and lip and palate clefts	۲		۳۴	
۳۳	Biomaterials	۱		۳۴	



۳۴	Occlusion and TMJ disorders	۱		۱۷	
۳۵	Patient presentation (Treatment planning) ۱		۱	۳۴	
۳۶	Patient presentation (Treatment planning) ۲		۱	۳۴	۳۵
۳۷	Patient presentation (Result assessment) ۱		۱	۳۴	۳۶
۳۸	Patient presentation (Result assessment) ۲		۱	۳۴	۳۷
۳۹	Clinical treatment ۱		۴	۱۳۶	
۴۰	Clinical treatment ۲		۵	۱۷۰	
۴۱	Clinical treatment ۳		۸	۲۷۲	
۴۲	Clinical treatment ۴		۷	۲۳۸	
۴۳	Clinical treatment ۵		۸	۲۷۲	
۴۴	Thesis ۱		۲	۳۴	
۴۵	Thesis ۲		۲	۳۴	
۴۶	Thesis ۳		۲	۳۴	
۴۷	Thesis ۴		۶	۲۰۴	
<b>Total</b>		<b>۲۸</b>	<b>۵۶</b>	<b>۲۲۶۹</b>	

## **Ethical issues**

The graduates should,

- Observe the Patient's Bill of Rights<sup>١</sup> when working with the patients.
- Strictly observe Biosafety and Patient Safety Rules\* concerning the patients, personnel and workplace.
- Observe the Rulebook for Dress Code<sup>٢</sup>.
- Strictly observe the Regulations of Working with the Laboratory Animals<sup>٣</sup>.
- Carefully preserve resources and equipment.
- Truly respect faculty members, the staff, classmates and other students and work for creating an intimate and respectful atmosphere.
- Observe social and professional ethical considerations in criticism.

١, ٢ and ٣ are contained in the Enclosures.

\* Biosafety and Patient Safety Rules will be set out by the Educational Departments and will be available to the students.

## **Section II**

Unit title: research methodology ۱

Unit code: ۱

Unit number: ۲ unit workshop

Unit type: common basic science

Aims: familiarity with principles of various research methods , familiarity and acquiring skills about types of epidemiologic studies and proper codification of a research project with subsequent questionnaire and sample volume

Evaluation: presenting a proposal according to taught subtitles as a project or portfolio

Subtitles:

۱. Acquiring skill in searching scientific references and Iranian national digital library
۲. Familiarity with research basics and epidemiologic studies cycle
۳. Health and disease measuring scales
۴. Subject selection and statement of problem
۵. Goals, hypothesis and research variables
۶. Types of epidemiologic studies
۷. Preparation of research questionnaire
۸. Sampling and sample volume
۹. Ethics in research
۱۰. Study management

Unit title: research methodology ٢

Unit code: ٢

Unit number: ٢ unit workshop

Unit type: common basic science

Aims: familiarity with kinds of descriptive studies, observational experimental analysis based on evidence and systematic review studies

Evaluation: presenting a proposal according to taught subtitles as a project or portfolio

Subtitles:

١. Descriptive and ecologic studies and subsequent statistical analysis
٢. Types and principles of analytical-observational studies and subsequent statistical analysis
٣. Experimental studies and subsequent statistical analysis
٤. Errors and reasons
٥. Diagnostic methods` evaluation studies
٦. Principles and methods of evidence based dentistry
٧. Familiarity with systematic review studies



Unit title: Scientific writing

Unit code: ۳

Unit number: ۱ unit workshop

Unit type: common basic science

Aims: familiarity with kinds of articles and their writing method and subsequent software, article submission and persuasion

Evaluation: presenting an article and its modification with software according to taught subtitles as a project or portfolio

Subtitles:

۱. Kinds of scientific articles
  ۲. Familiarity with structure of original research articles
  ۳. scientific writing instructions
  ۴. Familiarity with Endnote software
  ۵. Critical appraisal
  ۶. Article submission and their persuasion
  ۷. Plagiarism



Unit title: Oral physiology and Biology

Unit code: ۴

Unit number: ۱ unit theoretical

Unit type: specialized basic science

Aims: familiarity with pain physiology and oral cavity's functions

Evaluation: Written exam

Subtitles:

۱. Respiratory physiology and mechanisms
  - Effect of respiratory disorders on jaw, face and dental system
۲. chewing and swallowing physiology and mechanisms
  - Effect of swallowing disorders on jaw, face and dental system
۳. speech physiology and mechanisms
  - Effect of speech disorders on jaw, face and dental system
۴. Pain physiology and control
۵. Neuromuscular system physiology
  - Effect of neuromuscular disorders on jaw, face and dental system

Unit title: Crania-facial genetics

Unit code: ๐

Unit number: ๑ unit theoretical

Unit type: specialized basic science

Aims: familiarity with general principles of Genetics inheritance and hereditary diseases and modern genetic disorders` diagnosis

Evaluation: Written exam

Subtitles:

๑. Definition of Genetics` principles
๒. Types of genetic disorders and their inheritance
๓. Role of Genetics in dental development
๔. Effect of Genetics and environment on facial symmetry
๐. Genetics and external root resorption
๖. Genetic research on skeletodental disorders
๗. Genetic assessments in different responses to treatment
๘. Familiarity with modern pre-birth diagnostic techniques of genetic disorders
๙. Principles of genetic engineering techniques and recombinant DNA



Unit title: Clinical photography

Unit code: ٦

Unit number: ١ unit workshop

Unit type: specialized basic science

Aims: familiarity with types of cameras and making photographs of orthodontic patients and ٢ and ٣ dimensional analysis

Evaluation: presenting a photograph according to the taught subtitles as a project

Subtitles:

١. Familiarity with conventional and digital cameras
٢. Familiarity with application of camera and using and appropriate rest
٣. Familiarity with kinds of retractors, mirrors, and their application
٤. Acquiring knowledge about standard orthodontic photographs and their process
٥. Familiarity with ٣D photographs
٦. Photograph analysis
٧. ٣D photographs analysis
٨. Superimposition of photographs and radiographs
٩. Familiarity with restoration of ٢ and ٣ dimensional photographs

Unit title: treatment management

Unit code: ۷

Unit number: ۷ units theoretical

Unit type: specialized basic science

Aims: familiarity with infection control principles and orthodontic patients` hygiene, patients` documentation and document filing management, rules, medical ethics and treatment economy

Evaluation: written exam for field of cognition and portfolio for field of attitude

Subtitles:

۱. Principles of infection control in orthodontic clinic
۲. Regarding hygiene for patients during orthodontic treatment
۳. Principles of admission system management and documentation in office
  - Admission
  - Documentation
  - Dental casts and photographs and Para clinical records
  - Restoration and achieving
  - Recording the treatment progress
۴. Familiarity with office management software
۵. Patient management in orthodontics
۶. Familiarity with required rules in professional performance and patient contact
۷. Medical ethics
  - Definitions
  - Physician and patient contact
  - Treatment type and patient satisfaction
۸. Familiarity
۹. Familiarity with
۱۰. Familiarity with scientific associations` regulations
۱۱. Familiarity with principles of treatment economics in orthodontics

Unit title: Dental prosthesis

Unit code: A

Unit number: 1 unit theoretical

Unit type: Specialized related science

Aims: Familiarity with treatment method in additional orthodontic and prosthetic treatments

Evaluation: Seminar presentation or essay

Subtitles:

۱. Simultaneous orthodontic and prosthetic treatments in congenital missed and extracted teeth
۲. Simultaneous orthodontic and prosthetic treatments in tooth axis correction and molar up righting
۳. Simultaneous orthodontic and prosthetic treatments in forced eruption
۴. Familiarity with malocclusion camouflage limitations from prosthodontic aspect in ۳ dimensions
۵. Orthodontic and prosthodontic considerations in implants
۶. Pre prosthetic orthosurgery treatments sequence
۷. Orthodontic and prosthodontic considerations in cleft patients

Unit title: Periodontics

Unit code: ۹

Unit number: ۱ unit theoretical

Unit type: Specialized related science

Aims: Familiarity of orthodontic residents with cooperation with periodontists about periodontal considerations in orthodontic treatment

Evaluation: Seminar presentation or essay

Subtitles:

۱. Normal periodontium characteristics and periodontal diseases` new classification
۲. Familiarity with periodontal hygiene care before and during orthodontic treatments
۳. Priorities of orthodontic and periodontal treatments
۴. Periodontium management in patients undergoing orthodontic treatment :
  - Decrease in attached gingiva
  - Bone resorption, bone regeneration and socket preservation
  - Impacted and misplaced teeth
  - High frenulum
  - Implant candidates
  - Extrusion and crown lengthening candidates

Unit title: Oral and Maxillofacial Surgery

Unit code: ۱۰

Unit number: ۱ unit theoretical

Unit type: Specialized related science

Aims: Familiarity with types of lower and upper jaw surgeries and methods of jaws` fixation and different surgeries in syndromic patients

Evaluation: Seminar presentation or essay

Subtitles

۱. Principles of surgical treatments in patients suffering from dentofacial deformities
  - Anesthetic considerations
  - Blood supply and its control
  - Patient management in surgery
  - The immediate postsurgical period
  - Familiarity with fixation methods and their application
  - Postsurgical patient management
۲. Familiarity with upper jaw`s surgeries
۳. Familiarity with lower jaw`s surgeries
۴. Familiarity with bi maxillary surgeries
۵. Familiarity with segmental surgeries
۶. Familiarity with TMJ surgeries
۷. Familiarity with chin surgeries
۸. Familiarity with adjunctive (nose, cheeks, lips etc.) surgeries
۹. Familiarity with surgical methods in lip and palate cleft patients and common craniofacial syndromes
۱۰. Orthognathic surgery side effects prevention and control
۱۱. Familiarity with new orthognathic surgery methods
۱۲. Familiarity with distraction osteogenesis method

Unit title: Oral and Maxillofacial Surgery

Unit code: ۱۱

Unit number: ۱ unit practical



Unit type: Specialized related science

Aims: Practical familiarity with observation, diagnosis and treatment plan and therapeutic methods in common orthodontic and surgical patients

Evaluation: Seminar presentation or essay

Subtitle:

١. Cooperation with surgeon in pre-operation, preparation of orthosurgery patients including: diagnosis, surgical model and splint preparation, cephalometric prediction, familiarity with systemic considerations and complications
٢. Presence in operation room and familiarity with surgical techniques in at least ٣ orthosurgery patients
٣. Postsurgical patient management(post-op contribution in patient management)

Unit title: Oral and Maxillofacial Radiology

Unit code: ۱۲

Unit number: ۱ unit theoretical-practical

Unit type: Specialized related science

Aims: Familiarity with common and modern intra and extra oral radiologic techniques and subsequent differential diagnosis of oral and dental lesions

Evaluation: Seminar presentation or essay

Subtitle:

۱. Acquiring knowledge about cephalometric and panoramic radiographs with digital and analogue techniques
۲. Familiarity with radiologic techniques for TMJ assessment and their interpretation
  - MRI
  - Arthrography
  - CT Scan
  - Tomography
۳. Familiarity with CBCT`s principles, applications and interpretation
۴. ۳D radiographs methods, applications and interpretations
۵. Familiarity with new radiographs and their application in orthodontics
۶. Acquiring knowledge about irradiation safety`s modern standards in new radiologic techniques



Unit title: literature review ١, ٢

Unit code: ١٣, ١٤

Unit number: ٢ units theoretical

Unit type: Specialized science

Aims: Assessing and criticizing reliable national and international articles in order to acquire new knowledge and research techniques related to orthodontics for the purpose of practical application of articles

Evaluation: presenting and criticizing articles in Essay or Viva form

Subtitle:

١. Familiarity with important journals in the field of orthodontics
٢. Familiarity with level of evidence and evidence based orthodontics
٣. Practical assessing of important articles in journal clubs(new and old)

Unit title: Biomechanics

Unit code: ۱۰

Unit number: ۲ units theoretical

Unit type: Specialized science

Aims: Familiarity with the mechanical and biomechanical principles of tooth movement

Evaluation: Written exam or Essay

Subtitle:

۱. Familiarity with principles and implications of biomechanics and analyzing the forces
۲. Familiarity with bio mechanic of tooth movement in various tooth movements and forces
۳. Familiarity with mechanical characteristics of orthodontic equipment
۴. Familiarity with bio mechanic principles of segmented and continuous techniques
۵. Anchorage and its bio mechanics
۶. Bio mechanic of inter and intra maxillary elastics
۷. Bio mechanic of orthopedic tools
۸. Analyzing the forces in peripheral techniques such as V-bend, Tip back, reverse curve ,utility arch, T-loop, L-loop, Box loop, extrusion and other springs
۹. Biomechanics of mini-screws and implant

Unit title: Biology of tooth movement and tissue response

Unit code: ١٦

Unit number: ١ unit theoretical

Unit type: Specialized science

Aims: Familiarity with physiology of bone and adjacent tissues, types of tooth movement and tissue response

Evaluation: Written exam or Essay

Subtitle:

١. Bone physiology against forces
٢. methods of bone and periodontium modification assessment subsequent to forces
٣. Tooth adjacent tissues
٤. Tooth movements in orthodontics and adjacent tissues` response against it
٥. Types of forces and movements in orthodontics and its effect on tooth adjacent tissues
٦. Tissue response in sutures following orthodontic and orthopedic forces
٧. TMJ, tissue response sutures following orthodontic and orthopedic forces
٨. Tooth`s and adjacent tissues iatrogenic response in orthodontics



Unit title: Diagnosis (imaging)

Unit code: ۱۷

Unit number: ۷ units theoretical

Unit type: Specialized science

Aims: Familiarity with cephalometry and its various analyses in orthodontics

Evaluation: Written exam or Essay

Subtitles:

۱. Familiarity with application of cephalometry software
۲. ۳D cephalometry
۳. History of cephalometry
۴. Radiographic principles of cephalometry
۵. Cephalometric landmarks and their tracing
۶. Hard tissue analysis such as : Down`s, Steiner, McNamara, template, Mesh Diagram, Wits, Ricketts, cervical vertebral analysis(Baccetti)
۷. Posterior-anterior cephalogram analysis
۸. Soft tissue analysis

Unit title: Principles of diagnosis and treatment plan

Unit code: ١٨

Unit number: ٣ units theoretical

Unit type: Specialized science

Aims: Familiarity with development and health assessment method from different aspects and diagnosis and evaluation of records in orthodontics, classification and triage of orthodontic disorders

Evaluation: Written exam or Essay

Subtitles:

١. Medical and dental history
٢. Physical development assessment
٣. Socio mental development assessment
٤. Oral health assessment
٥. Occlusion and jaw function assessment
٦. Smile, face and teeth appearance assessment
٧. Diagnostic casts` assessment
  - Mixed dentition
  - Permanent dentition
  - Total space analysis
٨. Classification and characteristics of malocclusions
٩. Treatment needs and demands
١٠. Soft tissue paradigm
١١. Orthodontic triage



Unit title: Removable preclinic

Unit code: ۱۹

Unit number: ۱ unit practical

Unit type: Specialized science

Aims: Practical familiarity with various removable and functional appliances in orthodontics

Evaluation: Practical final exam at “shows how” level

Subtitles:

۱. Practical familiarity with impression making and impression modification
۲. Wire bending
۳. Fabrication of various springs
۴. Fabrication of labial arch
۵. Fabrication of various clasps
۶. Fabrication of various removable expansion appliances
۷. Fabrication of various functional appliances
  - Bionator
  - Franckel
  - Farmand
  - Twin Black
۸. Fabrication of occlusal split appliance for TMD patients
۹. Application method of Chin cap, Facemask and Oral screen appliances
۱۰. Fabrication of clear plastic retainer
۱۱. Familiarity with “diagnostic set up” method and its conducting

Unit title: Fixed preclinic

Unit code: ۲۰

Unit number: ۱ unit practical

Unit type: Specialized science

Aims: Practical familiarity with components of various fixed orthodontic and orthopedic appliances and fabrication of appliances, springs and arches and indirect bonding and orthodontic implants

Evaluation: Practical final exam at “shows how” level

Subtitles:

١. Welding and soldering of:
  - A cube with sides of ٣cm with ١mm diameter wire
  - Welding and soldering on them
٢. Fabrication of loop and multi loop
  - Fabrication of arch wire with ٠.١٦ss wire in upper and lower jaw in multi loop shape with these loops
    - \*Vertical loop
    - \*Box loop
    - \*Boot loop
    - \*T loop
    - \*Stoner Drag loop
٣. Fabrication and formation of band and welding attachment
  - Fabrication of band on molars and premolars of both sides
  - Implementation of lingual sheet on maxillary molars
٤. Fabrication of ideal arch wire with round and rectangular wires
٥. Fabrication of these appliances
  - Maxillary palatal bar and its soldering
  - Mandibular lingual arch and its soldering
  - Maxillary Quad Helix
  - Sliding Jig
  - Pendulum
  - Hyrax on cast
  - Nance on cast
  - Fix habit breaker on cast
٦. Fabrication of these springs and arches:
  - Canine Retraction spring with vertical and T loops
  - Burstone touring spring
  - Closing loop spring with vertical, Delta, T, Opus, Mushroom loops
  - Burstone intrusion arch
  - Utility arch



- Auxillary Ar spring
- Begg uprighting spring
- ∨. Familiarity with indirect bonding and its conducting
- ∧. Familiarity with implementation of mini screw on model

Unit title: TypoDont

Unit code: ٢١

Unit number: ٤ units practical

Unit type: Specialized science

Aims: Practical familiarity with fixed orthodontic workflow in treatment of different orthodontic disorders on TypoDent

Evaluation: Practical final exam at “shows how” level

Subtitles:

١. Implementation of prefabricated bands on upper and lower molars in TypoDent
٢. Implementation of brackets on upper and lower plaster casts with glue wax
  - With edge wise standard technique
  - With straight wire technique
٣. Familiarity with self- ligating brackets
٤. Conducting of treatment on models with malocclusion I, moderate crowding with ٤mm over bite by moderate anchorage and extraction of ٤ first premolars
  - A. alignment:
    - lower arch: ١- ٠١٧٥ Twist
    - ٢- ٠١٦ ss
    - upper arch: ١- ٠١٤ Multi loop
    - ٢- ٠١٦ ss
    - Other choice: ٠١٦ A-NiTi
  - B. Leveling by extrusion:
    - ١- ٠١٦ ss Reverse curve of spee
    - ١- ٠١٨ ss (if needed)
    - Other choices: ٠١٦ or ٠١٨ M-NiTi
  - C. Space closing:
    - Lower arch: Delta closing loop ١٦\*٢٢ ss
    - Upper arch: Tear Drop closing loop ١٦\*٢٢ ss
    - Other choice: \*Opus closing loop
  - \* T closing loop ١٦\*٢٢ ss or TMA
  - D. Finishing: ١-٠١٦ ss ideal arch wire
  - ٢-١٦\*٢٢ ss ideal arch wire

۵. Conducting treatment on model with class I malocclusion and severe crowding with first left upper molar rotation by :

- Maximum anchorage
- Extraction of four first premolars
- Segmental upper canine retraction
- Sliding of lower canines
- Banding of upper second molars
- With palatal arch:

A. alignment:

-lower arch: ۱- ۰۱۷۰ Twist

۲- ۰۱۶ ss

-upper arch: ۱- ۰۱۴ Multi loop

۲- ۰۱۶ ss

-Other choice: ۰۱۶ A-NiTi

B. Leveling by extrusion:

- ۱- ۰۱۶ ss Reverse curve of spee

- ۱- ۰۱۸ ss (if needed)

- Other choices: ۰۱۶ or ۰۱۸ M-NiTi

C. Space closing:

-Lower arch: Delta closing loop ۱۶\*۲۲ ss

-Upper arch: Tear Drop closing loop ۱۶\*۲۲ ss

- Other choice: \*Opus closing loop

\* T closing loop ۱۶\*۲۲ ss or TMA

D. Finishing: ۱- ۰۱۶ ss ideal arch wire

۲- ۱۶\*۲۲ ss ideal arch wire

۶. Conducting treatment on model with group ۱ class II malocclusion, moderate crowding, normal bite, class II molar and canine relation and maxillary arch tightness by :

- Upper molars bonding
- Upper first premolars extraction
- Palatal arch:

A. Alignment

۱- ۰۱۷۰ Twist

۲- ۰,۹ mm Max overlay for Expansion

۳- ۰۱۶ss

ξ- Removable Overlay→ Trans palatal Arch

ο- Extraction 1<sup>st</sup> Premolar

Other choices: • 16 A-NiTi→ • 16ss

B. Leveling: 1- • 16→ • 18 (if needed)

C. En mass Retraction

1- Opus 2- Closing loop

D. Finishing

γ. Conducting treatment on group 2 class II malocclusions with lingualised lower second premolars, severe spee curve and severe deep bite by:

- Extraction of upper first premolar
- Second molars banding
- Upper jaw maximum anchorage
- non ext lower jaw

A. Alignment

lower arch: 1. • 17ο Twist

2. • 16 ss

3. 16\*22 Segmental

Upper arch : 1. • 17ο Twist

2. • 18 ss→ • 16 ss→ 16\*22

3. Palatal Bar • 9

ξ. Intrusion of central incisor by BIA

ο. Aligning incisor • 17ο, • 16

B. Leveling

lower arch: 1 Utility intrusion arch 18\*2ο

Lingual arch • 9mm

Post segment: 16\*22

Ant segment: 16\*22

2- • 17ο Twist

3- • 16ss→ • 18ss

upper arch: Burstone Intrusion Arch 18\*2ο

Intrude Canine

C. Space closing

1- T Loop Closing Loop 16\*22

Other Choice: Delta, Opus 2-, teardrop Closing Loop

## D. Finishing

Upper:

۱. Auxillary Ant Root Torque Spring ۱۷\*۲۵ss
۲. Base Arch ۱۶\*۲۲ss
۳. Ideal Arch Wire ۱۶\*۲۲ss

Lower:

Ideal Arch Wire ۱۶\*۲۲ss

۸. Conducting treatment group ۱ class II malocclusion with moderate crowding and moderate deep bite by straight wire and extraction of first premolars:

### A. Alignment & leveling

۱. Lower arch: ۰۱۴ NiTi or Hant with lace back
۲. Upper arch: ۰۱۶ NiTi of Hant with lace back

### B. Space closing

۱. Lower arch: Active tie back with oring
۲. Upper arch: Active tie back with NiTi spring & cl II E

Other choices: H. G+ATB in lower arch with cl III E & ATB in upper

arch with cl II E

### C. Finishing

Lower arch: ۰۱۴ Hant

Upper arch: ۰۱۴ sectional with elastic for setting



Unit title: Fixed technique ١

Unit code: ٢٢

Unit number: ١ unit theoretical

Unit type: Specialized science

Aims: Familiarity with various fixed therapeutic orthodontic techniques

Evaluation: written exam or essay

Subtitles:

١. Familiarity with fixed orthodontic appliances
٢. Familiarity with standard edgewise technique
٣. Familiarity with Modern Begg technique
٤. Familiarity with Burstone segmented technique

Unit title: Fixed technique ۲

Unit code: ۲۳

Unit number: ۲ units theoretical

Unit type: Specialized science

Aims: Familiarity with new various fixed therapeutic orthodontic techniques

Evaluation: written exam or essay

Subtitles:

۱. Familiarity with lingual orthodontics technique
۲. Familiarity with Tweed Merrifield technique
۳. Familiarity with self-ligation technique
  - Speed
  - in-ovation
  - Damon
۴. Familiarity with straight wire appliance technique
  - Andrews
  - Roth
  - MBT

Unit title: Principles of removable appliances

Unit code: ۲۴

Unit number: ۲ units theoretical

Unit type: Specialized science

Aims: Familiarity with principles and techniques of removable appliances in orthodontics

Evaluation: written exam or essay

Subtitles:

۱. Familiarity with removable orthodontic appliances (principles, mechanisms, types)
۲. Familiarity with functional appliances (principles, mechanisms, functions, types)
  - Bionator and Activator
  - Franckel
  - Twin Black
  - Farmand
۳. Familiarity with headgear appliances (principles, mechanisms, types)
  - High pull
  - Low pull
  - Occipital
  - Reverse pull
۴. Familiarity with integrated functional and headgear appliances
۵. Familiarity with FaceMask and Chincap appliances
۶. Familiarity with fix functional appliances

Unit title: Treatment theoretical ١

Unit code: ٢٥

Unit number: ١ units theoretical

Unit type: Specialized science

Aims: Familiarity with principles of preventive, interstitial and growth modification treatment planning

Evaluation: written exam

Subtitles:

١. Preventive orthodontic
  - Oral habits
  - Occlusal equilibration
  - Space maintenance
٢. Interceptive Orthodontics
  - Guidance of occlusion (serial extraction)
  - Space regaining
  - Correction of developing cross bite
٣. Growth modification
  - A. Class II malocclusion:
    - Headgears
    - Functional appliances
  - B. Class III malocclusion
    - Facemask
    - Functional appliances
    - Orthopedic chin cap
٤. Class I malocclusion treatment
  - A. Non extraction
    - Various maxillary expansion
    - Mandible expansion appliances
  - B. Extraction

Unit title: Treatment theoretical ٢

Unit code: ٢٦

Unit number: ١ units theoretical

Unit type: Specialized science

Aims: Familiarity with various orthodontic disorders in sagittal transverse and vertical dimensions

Evaluation: written exam or essay

Subtitles:

١. Sagittal disorders treatment

A. Class II malocclusion

- Dental
- Skeletal
- Treatment by fixed appliances with or without extraction (camouflage treatment)
- Surgical treatment

B. Class III malocclusion

- Dental
- Skeletal
- mendacious
- Surgical treatment

٢. Transverse disorders treatment

- Dental
- Skeletal
- Lingual cross bite
- Buccal cross bite

٣. Vertical disorders treatment

A. Deep over bite

- Dental
- Skeletal
- Collapsed bite

B. Open bite

- Dental
- skeletal

Unit title: Treatment theoretical ۳

Unit code: ۳۷

Unit number: ۱ unit theoretical

Unit type: Specialized science

Aims: Familiarity with various adjunctive orthodontic treatments of adult patients and skeletal anchorage techniques

Evaluation: written exam or essay

Subtitles:

۱. Adjunctive treatments
  - Up righting posterior teeth
  - Cross bite correction
  - Forced eruption
  - Alignment of anterior teeth
۲. Adult inter disciplinary therapy
  - Goals
  - Diagnosis
  - Treatment process
    - Skeletal assessment
    - Periodontal preparation
    - Restorative considerations
    - Results` retention
  - Treatment clinical management
  - Behavioral management
  - Establishing contact with other members of treatment team
۳. Modern treatment techniques by Temporary Anchorage Devices (TAD)
  - Biological considerations
  - Diagnosis and treatment plan
  - Principles and biomechanical considerations
  - clinical indications
  - skeletal anchorage



Unit title: Orthosurgery

Unit code: ۲۸

Unit number: ۲ units theoretical

Unit type: Specialized science

Aims: Familiarity with various orthodontic treatments in patients requiring common orthodontic and surgical treatment

Evaluation: written exam or essay

Subtitles:

۱. Psychosocial consideration in orthosurgery patients
۲. Treatment planning
۳. Special considerations in orthosurgery treatment from beginning to end
۴. Pre surgical cephalometric prediction
۵. Orthosurgery treatment in skeletodental disorders
  - Anterior posterior
  - Vertical
  - Transverse
  - Asymmetries
۶. Distraction osteogenesis
۷. Adjunctive (aesthetic facial procedure)
۸. Postsurgical orthodontic management of orthognathic patients

Unit title: Occlusion development

Unit code: ۲۹

Unit number: ۱ unit theoretical

Unit type: Specialized science

Aims: Familiarity with development of dental arch occlusion formation in human

Evaluation: written exam or essay

Subtitles:

۱. Occlusion form and function development in human
۲. Postnatal development
۳. Modifications in deciduous, mix and permanent teeth
۴. Correlation between craniofacial growth and occlusion development
۵. Tooth eruption sequence and mechanisms and natural modifications in this process
۶. Teeth, dental arch, growth and development and its pattern and effecting factors
۷. Ideal occlusion and factors effecting this development

Unit title: Growth and development

Unit code: ۳۰

Unit number: ۱ unit theoretical

Unit type: Specialized science

Aims: Familiarity with embryological principles of head and face bone and soft tissue growth steps and types of growth assessment

Evaluation: written exam or essay

Subtitles

۱. Familiarity with organogenesis
  - Cephalic region modifications
  - visceral region modifications (primary mouth, oronsal cavity process modifications)
  - Growth and development of neuromuscular system
  - fetogenesis
  - Bone and cartilage
۲. Familiarity with growth theories
۳. A review to craniofacial grow and development
۴. Familiarity with basic principles of growth
۵. Cognition of developmental sequence
۶. Familiarity with growth of lower jaw
۷. Familiarity with nasomaxillary complex
۸. Familiarity with neurocranium
۹. Familiarity with form and pattern of the face
۱۰. Familiarity with human face pattern and its natural modifications and basis of malocclusions
۱۱. Familiarity with racial differences of face form
۱۲. Familiarity with face growth control techniques



Unit title: Retention and Relapse

Unit code: ۳۱

Unit number: ۱ unit theoretical

Unit type: Specialized science

Aims: Familiarity with types of retainers and its indications and relapse reasons in orthodontics

Evaluation: written exam or essay

Subtitles:

۱. History and etiology
  - Occlusion theory
  - Apical based theory
  - Mandibular incisor theory
  - Masculature theory
۲. Basic theories related to retention and relapse
  - Intention to relapse
  - Habits elimination
  - Over correction
  - Tissue reorganization
  - Soft tissue
  - PDL
  - Arch form preservation
  - Apical based theory
  - Growth pattern and treatment time
۳. Influencing factors on retention and relapse
  - Tooth size discrepancy
  - Relation of third molars
  - Growth factors
  - Sexual differences
۴. Various required retention for special malocclusions
  - . Retention appliances
  - ۶. Retention with clear plastic appliances

Unit title: Syndromes and lip and palate clefts

Unit code: ۳۲

Unit number: ۲ units theoretical

Unit type: Specialized science

Aims: Familiarity with common syndromes and lip and palate cleft and their orthodontic treatments

Evaluation: written exam or essay

Subtitles:

۱. Familiarity with facial and cranial common syndromes such as :  
Craniofacial synostosis, Craniomandibular synostosis, craniofacial microstomia, Pierre Robin anomaly and sequence
۲. Craniofacial syndromes` orthodontic management
۳. Diagnosis
  - pre-birth diagnosis of lip and palate cleft
  - Diagnosis of orofacial cleft
۴. Team approach
۵. Orthodontist`s role in :
  - Neonatal and infant period (birth to ۳ years)
  - Primary dentition period (۳-۶ years)
  - Mixed dentition period(۷-۱۲ years)
  - Permanent dentition period
۶. Orthognathic surgeries and orthodontists` role
۷. Nasoalveolar Molding
۸. Ear disorders in children with cleft palate
۹. Speech in children with cleft palate
۱۰. Facial growth in children with cleft palate
۱۱. Types of clefts



Unit title: Biomaterials

Unit code: ۳۳

Unit number: ۱ unit theoretical

Unit type: Specialized science

Aims: Familiarity with structure of consumed materials and alloys in orthodontics

Evaluation: written exam or essay

Subtitles:

۱. Physical and chemical characteristics of materials

- Atoms
- Molecules
- Cristal
- Grains
- Lattices
- Lattice deformation
- Polymorphism
- Twining
- Transitions
- phases
- Affinity
- Chemical bonding

۲. Metals

- Stainless steels
- Titanium and its alloys (NiTi)
- Brazing alloys
- Orthodontic implants

۳. Organic polymers

- Acryl
- Poly urethane

۴. Non organic polymers (ceramics)

- Oxides
- Glasses

۵. Composites and Blends

- Resin composites
- Glass ionomers



- Compomers
- composite brackets
- ٦. Familiarity with elastomeric materials in orthodontics
- ٧. Familiarity with Nano materials in orthodontics

Unit title: Occlusion and TMJ disorders

Unit code: ۳۴

Unit number: ۱ unit theoretical

Unit type: Specialized science

Aims: Familiarity with occlusion theories and its goal in orthodontics and diagnosis and management of TMJ disorders related to orthodontic treatments

Subtitles:

۱. A review to occlusion theories in human and its types (group function, cuspid rise etc.)
۲. Familiarity with static and functional occlusion theories
۳. Occlusion goals in contemporary orthodontics
۴. Orthopedic stability principles
۵. Finding a musculoskeletally stable position
۶. Evaluation of the patient from aspect of TMD
  - Screen history
  - Clinical examination
۷. Orthodontic and TMJ disorders treatment planning and management
۸. Facial pain differential diagnosis
۹. Management of temporomandibular symptoms occurring during orthodontic treatment
۱۰. Familiarity with TMJ disorders related to malocclusions



Unit title: Patient presentation (Treatment planning and result assessment)

Unit code: ۳۵, ۳۶, ۳۷, ۳۸

Unit number: ۴ units practical

Unit type: Specialized science

Aims: Presentation of patient in case presentation sessions in presence of all attendings and residents with the purpose of treatment planning and result assessment

Evaluation: Direct observation of case presentation and assessment with check list

Subtitles:

Presentation of at least ۴ patients in every semester at case presentation sessions regarding evidence based dentistry methods (Performance method is up to universities` departments)

Unit title: Clinical treatment

Unit code: ۳۹, ۴۰, ۴۱, ۴۲, ۴۳

Unit number: ۴۳ units practical

Unit type: Specialized science

Aims: Acquiring skill in admission, diagnosis and treatment of patients with various orthodontic disorders in residents

Evaluation: Students` performance assessment at “Shows how” level with subsequent means such as OSCE or at “Does” level with suitable tools (such as DOPS, MiniCEX)

Subtitles:

۱. Starting at least ۳۰ cases of fixed, ۰ cases of removable orthodontic treatment and ۰ cases of orthosurgery
۲. Treating at least ۲۰ transferred and ۱۰ recall patients
۳. Every resident should terminate at least ۰٪ equal with ۲۰ of new patients and at least ۷۰٪ transferred patients
۴. Classification of malocclusion for residents:
  - Class I malocclusion: ۱۰ cases (including extraction and non - extraction)
  - Class II malocclusion: ۱۰ cases (including cl II div ۱, cl II div ۲, long face, short face, ext and non-ext)
  - Class III malocclusion: ۰ cases (surgical and nonsurgical)
  - Vertical problems: ۰ cases
  - Transverse problems: ۰ cases
  - Other specialized cases: ۰ cases (including dental impactions, cleft patients etc.)
  - Distribution of each cases is determined by facilities of each department

Unit title: Thesis

Unit code: ٤٤, ٤٥, ٤٦, ٤٧

Unit number: ١٢ units practical

Unit type: Specialized science

Aims: Registration of post graduate thesis subject at the end of first year, conducting the approved research project under the mentor`s supervision, termination of approved research project and preparing the thesis under mentor`s supervision and defending it

Evaluation: Dissertation

Subtitles:

١. Subject selection under mentor`s supervision
٢. Proposal writing under the mentor`s supervision
٣. Getting the subject and proposal approved by the department and faculty research council
٤. Registration the approved subject in the office of education affairs
٥. Conducting the research according to the approved methods and materials under mentor`s supervision
٦. Presenting the progress report to the mentor and post graduate officer of the department and the faculty
٧. Terminating the research according to the approved methods and materials under mentor`s supervision
٨. Writing the thesis under mentor`s supervision
٩. Writing at least ١ article based on the conducted research under mentor`s supervision
١٠. Publication or submission of the article in reliable scientific journals
١١. Defending the thesis