

HOW STAFF TREAT AN INFECTED STUDENT

This interim guidance is based on what is currently known about the coronavirus disease 2019 (COVID-19):

Spread from a person who is asymptomatic is possible; this is considered to be rare and what we do know for certain is that COVID-19 is most often being spread through close contact with a person who is showing symptoms. Coronaviruses have poor survivability on surfaces, and are generally thought to be spread by respiratory droplets left behind after someone coughs or sneezes.

Wearing a mask can help protect you from catching COVID-19, but it will not fully eliminate the risk of illness. As such, a surgical mask is sufficient for this case and fulfils the important function of preventing a spread if worn properly.

When wearing a mask, make sure to:

- properly cover your mouth and nose,
- avoid touching the mask once it's on your face,
- properly discard the mask after each use (the mask should be changed if it gets soiled or stained),
- wash your hands after removing the mask.

The primary focus for containing the COVID-19 outbreak is to prevent exposure through direct and close contact.

At the workplace, you can stay healthy and prevent the spread of infections by:

- keeping a proper distance with people at the workplace,
- cleaning and disinfecting surfaces that people touch frequently such as toilets, doorknobs, phones, pencils and seat handle with regular household cleaners or diluted bleach (1 part bleach to 9 parts water),
- using good hand hygiene measures, which include frequent handwashing with soap and water for at least 20 seconds, or using an alcohol-based hand sanitizer if soap and water are not available,
- avoiding touching your eyes, nose or mouth with unwashed hands,
- avoiding close contact with people who are sick,
- coughing or sneezing into your sleeve and not your hands,
- installing hands hygiene and respiratory health tips and posters in front of view,
- providing enough tissue paper and disinfectants at the workplace.

Reference

- World Health Organization
- Centers for Disease Control and Prevention www.canada.ca
- Ministry of Health
- www.corona.research.ac.ir