

COVID-19 AND PREGNANCY

THE GUIDANCE STATES:

- * Pregnant women do not appear to be more susceptible to the consequences of SARS-CoV-2 “Corona virus” than the general population and there is no evidence that the virus can pass to the fetus during pregnancy.
- * As a precautionary approach, pregnant women with suspected or confirmed SARS-CoV-2 “Corona virus” infection “COVID-19” when they go into labour, they are being advised to attend an obstetrics unit for birth as their birth plan should be followed as closely as possible.
- * At the moment there is no evidence that the virus can be carried out in breast milk, so it is thought that the benefits of breast feeding outweigh any potential risks of transmitting the virus through breast milk.

The guidance also covers the most up-to-date advices on how SARS-CoV-2 “Corona virus” affects pregnant women and their fetus “Unborn child”, how labour and birth should be managed and proceeded in women with suspected or confirmed SARS-CoV-2 “Corona virus” , as well as information on neonatal care and infant feeding.

THE GUIDANCE WILL BE KEPT UNDER REVIEW

RCOG President, Dr Edward Morris, said in a news release: “This guidance has been written to ensure that the maternity units across the country are providing consistent and safe care to pregnant women with suspected or confirmed SARS-CoV-2 “Corona virus” infection “COVID-19”, and that every effort is taken to minimise the potential spread of the infection to medical staff or other patients.

As this is a very new virus we just begun and we are still learning more about it, so the guidance will be kept under regular review as new evidence emerges.

Reference:

- <https://www.medscape.com/viewarticle/926466>
- <https://www.washingtonpost.com/health/2020/03/10/coronavirus-is-mysteriously-sparing-kids-killing-elderly-understanding-why-may-help-defeat-virus/?outputType=amp>