

CORONA POSITIVE PATIENT MANAGEMENT AT HOME

Home management is appropriate for patients with mild infection who can be adequately isolated in the outpatient setting.

GUIDANCE FOR IMPLEMENTING HOME CARE OF PEOPLE FOR CORONAVIRUS DISEASE 2019 (COVID-19):

Considerations for care at home include whether:

- 1) The patient is stable enough to receive care at home.
- 2) Availability of Appropriate caregivers at home.
- 3) A separate bedroom for the patient.
- 4) Accessible food and other necessities.
- 5) The patient and other household members have access to appropriate, recommended personal protective equipment (at a minimum, gloves and facemask).

PATIENTS AND FAMILIES SHOULD ADHERE TO THE FOLLOWING RECOMMENDATIONS::

- 1) Stay home except to get medical care.
- 2) Stay in a specific room and away from other people in your home.
- 3) Limit the movement of the patient in the house and minimize shared space.
- 4) Use a separate bathroom, if available.
- 5) Limit the number of caregivers. Ideally, assign one person who is in a good health.
- 6) Restrict contact with pets and other animals while you are sick with COVID-19.
- 7) Call ahead before visiting your doctor.
- 8) Wear a facemask.
- 9) Cover your mouth and nose with a tissue when you cough or sneeze.
- 10) Throw used tissues in a lined trash.
- 11) Wash your hands with soap and water or clean your hands with an alcohol-based hand sanitizer (at least 60% alcohol).
- 12) Not sharing personal household items.
- 13) Clean all "high-touch" surfaces everyday.
- 14) Monitor the symptoms repeatedly.
- 15) Remain under home isolation precautions until the risk of secondary transmission to others is thought to be low.
- 16) Prohibit visitors.
- 17) Make sure that shared spaces in the home have good air flow.
- 18) Wash laundry thoroughly.

Reference:

- CDC
- WHO